

Thurlestone

NewsMagazine

December 2010



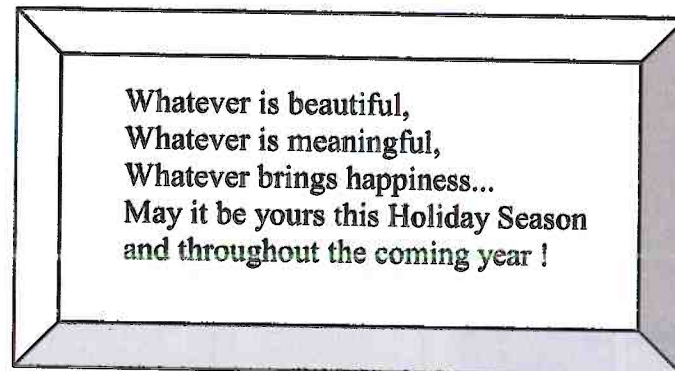


Notes from the Editor

December 2010

The holiday season is upon us! Once again, it is the time of year where people and communities come together and provides us with an opportunity to reflect on, and give thanks for, the many blessings in our lives--family and friends--and to help those who are less fortunate in our society.

Your fire department also wants you to have a fire-safe holiday season! If you have a freshly cut tree, keep the stand full of water at all times, away from all heat sources and make sure it doesn't block a doorway. Check all decorative lights before placing them on the tree and discard any frayed or damaged lights and cords. Never place lighted candles on or near the Christmas tree. When large amounts of needles begin to fall off, it's time to get discard the tree.



Happy
HOLIDAYS
Janice

**BOARD OF DIRECTORS MEETING
THURLESTONE CO-OPERATIVE INC.
22 Fishleigh Drive, Unit 3
Scarborough, Ontario, M1N 1K8**

June 22nd, 2010

Present: Pam Syvret, Shannon Doyle, Elaine Richard, Luci Walwich, Melanie Lyle, Lois Logie and Diana Hogan

Regrets: Kelly Herrmann and Bridget Maloney

Absent: Mike O'Donnell

Recording Secretary: Pam Syvret

President: Luci Walwich

1. Call to Order

Meeting was called to order at 7:15 p.m.

2. Approval of the Agenda

MOTION TO APPROVE THE AGENDA AS AMENDED 8 b) and 9 e)

MOVED by Lois.

SECONDED by Shannon.

CARRIED.

3. Adoption of the Minutes

MOTION TO ACCEPT the minutes from June 1st, 2010 as amended

MOVED by Lois.

SECONDED by Shannon.

CARRIED.

4. Business Arising from the minutes of June 1st, 2010

See 8 b) and 9 e)

5. Confidential Section – See Attached

6. Co-ordinator's Report – See Attached

6.1. Administrative Update:

a) Audit being scheduled for 2nd last week of July 2010. – Waiting for confirmation

- b) **MOTION TO APPROVE** Proposal to close the Office for 1 week's holiday from Monday, July 26th and reopening on Tuesday, August 3rd, 2010, due to long weekend. Requesting 5 days holidays for this Office closure.

MOVED by Pam.

SECONDED by Shannon.

CARRIED.

- c) Coin Collecting at Fishleigh Drive. Elaine Richard has offered along with some others.

6.2 Maintenance Update:

- a) b) and c) - See Confidential Section

- d) **MOTION TO APPROVE** to proceed with CMS Building Consultants to design, tender, and project manage a Renovation and Retrofit Project for Fishleigh Drive pertaining to replacement of its parking lot and garbage compound. Their fees are 10% of contract cost. See also CMHC's letter about this project attached.

MOVED by Lois.

SECONDED by Pam.

CARRIED.

7 Committee Reports

- a) **Membership Committee – Re: Charging Application Fees**
DEFERRED (until Bridget can be present)

8 New Business :

- a) **Sandbox Rules – Draft rules to be considered by Board and then ratified by GMM – Brainstorming (to be continued)**
- b) **Cleaning System Solutions “Ecolutions clean with Green”. Need to get more information and possibly some samples. (DEFERRED)**

9 Date of Next Board Meeting – July 13th, 2010

10 Adjournment at 9:05 p.m.

President

Secretary

**BOARD OF DIRECTORS MEETING
THURLESTONE CO-OPERATIVE INC.
22 Fishleigh Drive, Unit 3
Scarborough, Ontario, M1N 1K8**

July 13th, 2010

Present: Pam Syvret, Shannon Doyle, Elaine Richard, Luci Walwich, Lois Logie, Kelly Herrmann and Diana Hogan. Melanie Lyle Arrived at 7:20. Mike O'Donnell arrived at 7:23. Melanie Lyle left at 8:50. Elaine Richard left at 9:00 p.m.

Regrets: Bridget Maloney

Absent:

Recording Secretary: Pam Syvret

President: Luci Walwich

1. Call to Order

Meeting was called to order at 7:15 p.m.

2. Approval of the Agenda

MOTION TO APPROVE THE AGENDA

MOVED by Kelly.

SECONDED by Lois.

CARRIED.

3. Adoption of the Minutes

MOTION TO ACCEPT the minutes from June 22nd, 2010

MOVED by Shannon.

SECONDED by Lois.

CARRIED.

ABSTATIONS Kelly.

4. Business Arising from the minutes of June 22nd, 2010

NONE

5. Confidential Section – See Attached

6. Co-ordinator's Report – See Attached

**BOARD OF DIRECTORS MEETING
THURLESTONE CO-OPERATIVE INC.
22 Fishleigh Drive, Unit 3
Scarborough, Ontario, M1N 1K8**

August 10th, 2010

Present: Pam Syvret, Shannon Doyle, Luci Walwich, Lois Logie, Kelly Herrmann and Diana Hogan. Elaine Richard arrived at 7:15 p.m. Mike O'Donnell arrived at 7:35 p.m. Pamela Syvret left at 8:15 p.m.

Regrets:

Absent: Melanie Lyle

Recording Secretary: Pam Syvret

President: Luci Walwich

1. Call to Order

Meeting was called to order at 7:12p.m.

2. Approval of the Agenda

MOTION TO APPROVE THE AGENDA

MOVED by Pam.

SECONDED by Kelly. CARRIED.

3. Adoption of the Minutes

MOTION TO ACCEPT the minutes from July 13th, 2010 – Deferred

4. Business Arising from the minutes of July 13th, 2010 - Deferred

5. Confidential Section – See Attached

6. Co-ordinator's Report – See Attached

6.1. Administrative Update:

- a) Request to use lieu time and holidays starting Tuesday September 7th, 2010 by switching the ½ day office closures from Friday afternoons currently to Tuesday afternoons instead. This amounts to 8.5 days off by the end of December 2010 used in lieu and holiday time. Unused holidays at present 15 days, Unused Lieu Time: 17.5 hours.

MOTION TO ACCEPT this switch

MOVED by Lois.

SECONDED by Elaine.

CARRIED.

7. **Approval of Draft Financial Audited Statements for fiscal year ended May 31st, 2010 (See attached)**
- Deferred
8. **Committee Reports:**
 - a) **Need to Confirm the Buildings that Require A Fire Captain, i.e. 18 Fishleigh, 22 Fishleigh, and 2 Folcroft and drive to recruit them.**
9. **New Business:**
 - a) **Acceptance of Resignation from Luci Walwich from the Board due to her moving out of the Co-op as of August 31st, 2010.**
 - b) **Proposed Sandbox Rules for Building 24 (see draft)**
10. **Date of Next Board Meeting: Tuesday August 31st, 2010**
11. **Adjournment:**

President:

Secretary: Pam Syvret

Thurlestone Co-op
22 Fishleigh Dr. Unit 3 Scarborough ON, M1N 1G9
Phone: (416) 261-1110 Fax: (416) 261-4744

Minutes from the August 31st, 2010 Board Meeting

Present – Diane Hogan, Michael O'Donnell, Kelly Hermmann, Lois Logie , Elaine Richard

Minutes - Melanie Lyle

Regrets – Pam Syvret

- 1.) Mtg Called to Order @ 7:15pm
- 2) Approval of Agenda – Lois /Melanie – Carried
- 3) Adoption of Minutes – July 13th 2010, approved by Mike seconded by Kelly – Carried
Adoption of Minutes – August 10th, 2010 – Deferred as minutes were unavailable

4) No Business Arising

Coordinator's Report

- 6.1.a) Motion to approve Alterna Credit Card – Melanie/Kelly - carried
- 6.1.b) Motion to increase the credit limit on the credit card 100,000.00 - Melanie / Mike --Carried

Maintenance Update

- 6.2.a) Motion to approve Shady Lane's Tree Care for \$2486.00 plus the assessment of Building 22 & 24. Melanie / Kelly – carried
- 2.b) Motion to approve the replacement of tub taps and bathroom taps at Unit 2410 already done at a cost of \$1102.84, as these taps replaced due to hot water scalding children and children in the unit in accordance with the directive from the general members several years ago.
- 6.c) Motion to approve the purchase of 1 refurbished lawn mower for Folcroft at a cost of \$300, and the purchase of a new lawn mower for Fishleigh at a cost of \$950. Melanie / Lois – carried
- 6.d) State Chemical offered their cleaning system for a 30 day trial. Motion was made to have State Chemical come in and install the cleaning system as Melanie met with the reps about a month ago, and the system seemed ideal. After the Board mtg, Melanie and Diane met up with the rep and discovered that his offer was only valid with a signed 5 year contract that he failed to mention, and exclusive supplier rights binding all of Thurlestone to this cleaning contract which again was never part of the discussion. The terms and conditions were discovered only after reading the small print of the

Board Minutes – August 31st, 2010

“agreement”. Needless to say, the system was misrepresented and isn’t suited or approved to service the entire co-op.

Committee Reports

8.A) Mike O’Donnell is the Fire Captain for Folcroft and David McConville is Fire Captain for 18 Fishleigh. Fire Captain still needed for 22 Fishleigh.

8.b) Unit Inspections still needs a chairperson. A request to be sent out at the GMM.

New Business

9.a) Motion to hold meeting on September 13th 2010, if auditors can produce material, or as soon asap thereafter to include Adoption of Resolution Auditor . Kelly motioned / Melanie seconded – Carried

Next Meeting – September 21st 2010

Adjournment at 9:10pm.

The NewsMagazine Committee is always looking for your contributions ~ please send in your ideas, artwork, stories, etc. Also, please consider joining us to help develop, prepare and deliver the NewsMagazine.



Our Fall Work Day was held Sunday, November 14th. Some had an early start at it, and others came out even though the weather did not look ideal. It was a hard call whether to postpone it or not, but, in any event, some serious rakers managed to fill up a number of bags in a hurry !

Congratulations

Thurlestone Co-op received the following awards !

**Best Website Winner
Garden of Distinction Award
Best Newsletter Runner Up**

DEADLINE for submission of answers to this issue's contest is December 19

Do you have a favourite recipe you would like to share? I make this quick and easy banana bread and even though it's rated low-fat and healthy, it tastes great !!

Light & Lean Banana Bread

1 cup	<i>mashed very ripe bananas (about 2 medium)</i>
1 tsp	<i>baking soda</i>
1/2 cup	<i>low fat yogurt</i>
1/4 cup	<i>vegetable oil</i>
1 cup	<i>brown sugar</i>
2	<i>egg whites</i>
1 tsp	<i>pure vanilla extract</i>
1 cup	<i>all purpose flour</i>
1/2 cup	<i>whole wheat flour (or 1/2 cup <u>more</u> all purpose flour)</i>
1 tsp	<i>baking powder</i>

*Mash together bananas, baking soda and yogurt in bowl. Set aside.
Blend oil with sugar, egg whites and vanilla in separate bowl.
In large bowl, sift and mix together flour and baking powder.
Combine oil mixture with banana mixture; stir into flour mixture.
Spread batter in greased 8" x 4" loaf pan. Bake in preheated 350F oven 60 minutes,
or until cake tester inserted in centre comes out clean. Cool on rack.*

CO-OPERATIVE HOUSING AWARDS 2010

CO-OPERATIVE HOUSING FEDERATION OF TORONTO

BEST
WEBSITE
• WINNER •

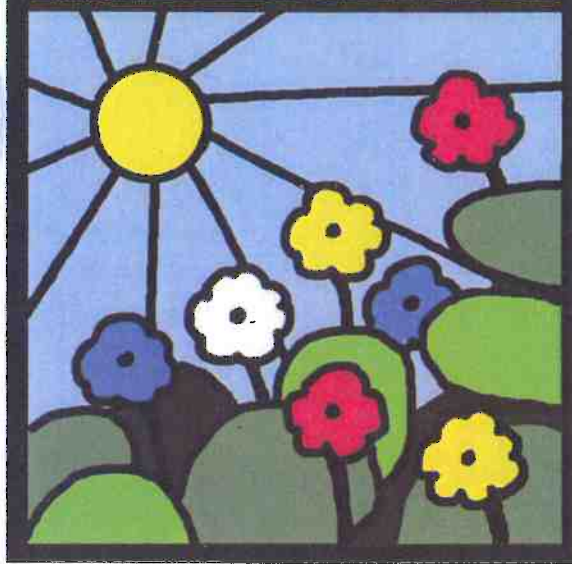
Thurlestone
Co-operative



CO-OPERATIVE HOUSING AWARDS 2010

CO-OPERATIVE HOUSING FEDERATION OF TORONTO

GARDEN OF
DISTINCTION
• AWARD •



Thurlestone
Co-operative



CO-OPERATIVE HOUSING AWARDS 2010

CO-OPERATIVE HOUSING FEDERATION OF TORONTO

BEST
NEWSLETTER
• RUNNER UP •

Thurlestone
Co-operative



Welcome

David McConville – 18-3
(August, 2010)

David joined us in August and we apologize for the omission in our earlier editions!

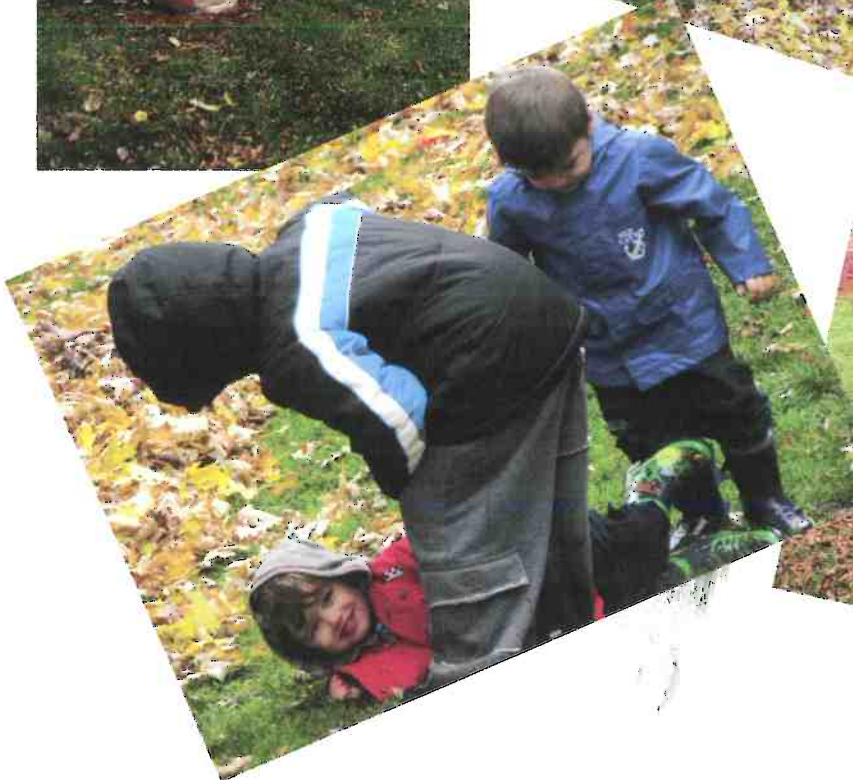


fall
leaves
fall leaves
fall leaves fall
fall leaves leaves
fall leaves fall leaves



Fall Work Day







PLEASE POST!

IMPORTANT INSURANCE INFORMATION FOR MEMBERS

YOU NEED Personal Liability Insurance By January 1, 2011

What is personal liability insurance?

It's coverage that gives you protection if you are held personally liable to another person for injury or property damage. It is usually included when you buy a contents insurance package to cover your belongings.

Why do I need it now?

You had \$1 million of personal liability insurance coverage free as part of CHF Canada's commercial insurance program for your co-op. As of January 1, this coverage will no longer be available.

You will need to make sure you have your own coverage in place. If you already have contents insurance, check to make sure you have enough liability coverage.

How can I get it if I don't have any insurance?

You can get a contents and liability insurance package from any insurance company. CHF Canada and The Co-operators also offer an insurance program called MemberGuard that has the liability insurance you need as well as coverage to replace those things you own.

MEMBERGUARD

 **the co-operators**
A Better Place For You™

MemberGuard offers the best possible value with exceptional savings on full coverage for your personal belongings and \$1 million in personal liability insurance coverage.

Call 1-800-387-1963 for a free, no-obligation quote



Don't leave yourself unprotected. Get personal liability coverage now!

Co-operative Housing Federation of Canada 1-800-465-2752

FOR SALE

**Brother Correctronic
GX - 6750
Electronic Typewriter**

\$25.00 or best offer

**Please call Coop office if interested
416-261-1110**



beat the winter blues

Keep Your Energy High and Mood Lifted

-- By Nicole Nichols, Fitness Instructor & Health Educator

As the days get shorter and the nights get colder, even the best of us can get a little down. The "winter blues" are characterized by the mild depression, lack of motivation, and low energy that many people experience during this cold season. Luckily, there's a lot you can do to both prevent the blues from coming on and get yourself back to normal if they're already here.

1 Exercise

As if we needed another reason to get fit! Exercise isn't only for maintaining your weight and staying healthy. It's great for relieving the stresses of life. Plus, the effects of a good workout can last for several hours after you hit the showers. You'll have more energy throughout the day, and your metabolism will stay elevated too. Exercise also helps your mind by releasing those "feel good chemicals" that improve your mood.

2 Eat a Healthy Diet

What and when you eat has a great affect on your mood and energy. Avoid refined and processed foods (like white breads, rice, and sugar). These foods are not only devoid of the nutrients your body craves, but they zap your energy levels and can affect your mood—causing depression, lack of concentration, and mood swings. Try to incorporate more complex carbohydrates (whole wheat breads, brown rice, veggies, fruit) and get your daily 8 cups of water. These healthy foods provide your body (and mind) with nutrients, and stabilize your blood sugar and your energy levels.

3 Get Some Sun

Most people know that sunlight provides us with Vitamin D. But did you know that it also improves your mood? Winter days are shorter and darker than other months, and because of the cold weather, a lot of people spend less and less time outdoors. Lack of sunlight can cause many people to become depressed—without knowing why! Similar to exercise, sunlight exposure releases neurotransmitters in the brain that affect mood.

Try to:

- ◆ spend a little more time outdoors
- ◆ keep your shades up during the day to let more light in
- ◆ sit near windows in restaurants and during class
- ◆ change the light bulbs in your house to "full spectrum" bulbs. These mimic natural light and actually have the same affects on your mind as the real thing.

4 Act on your Resolutions

A recent study from the CDC showed a strong link between healthy behaviors and depression. Women who exhibited healthy behaviors (like exercising, not smoking, etc.) had less sad and depressed days than those whose behaviors were less than healthy. Although researchers studied women, the results are likely similar in men.

5 Avoid Binge Drinking

Staying in with a cold beer or a nice glass of wine may seem like the only thing to do in the winter months, and many people who feel down also tend to turn to alcohol when they're feeling down. But alcohol is actually a depressant, and rather than improving your mood, it only makes it worse. Avoiding alcohol when you are already depressed is a good idea. Moderate drinking is fine for most people, but binge drinking (defined as having 5 or more drinks in one sitting) is never a healthy choice. The morning after will have you feeling sick, depressed, and even more tired, which will affect many aspects of your life. This will make your low energy and bad mood even worse.

6 Treat Yourself

Having something to look forward to can keep anyone motivated. Winter seems endless! But if you plan something exciting, your mood improves when you're anticipating it and when the event actually comes. Plan something that's exciting to you—a weekend trip, a day at the spa, a party (but keep #5 above in mind), or special event like a play, girls (or guys) night out, or sporting event.

7 Relax!

You're busy! Work, class, family, friends, appointments, meetings—even if you enjoy being busy, everyone needs some time off. Don't be afraid to say "No" to extra opportunities (covering a shift for a co-worker, bringing food to your son's class party). Try to spend a few minutes each day doing nothing! Read a book or magazine, sleep in on the weekend, go to bed early, try some meditations, or take a yoga class. Relaxation, especially in the form of yoga, can alleviate stress and leave you with a calm energy. Mental exercises like meditation and positive thinking can help keep depression at bay.

8 Embrace the Season

Instead of always avoiding the cold and the snow—look for the best that it has to offer! Take up a winter sport like ice skating, snowboarding, hockey, or even sledding! Enjoy these opportunities while they last—after all, they're only here a few months per year. Staying active will boost your energy. Seeing winter in a positive light, with all the fun activities that it has to offer, will keep your spirits high.

9 Get Social Support

Don't underestimate the power of friends, family, mentors, co-workers, and neighbors. Who can you turn to when you're down and need a pick-me-up? Keep a mental list of these special people and don't be afraid to ask for help or encouragement when you need it. Something as simple as a phone call, a chat over coffee, or a nice email or letter can brighten your mood.

10 Catch some Zzzz's

People naturally want to sleep a little bit more during the winter. But with all we have going on, sometimes sleep is the first thing to go. With a little time management, and some self-discipline, you can meet your shut-eye needs. Aim for 7-8 hours each night, and try to keep your bedtime and waking time consistent. That way, your sleeping patterns can normalize and you'll have more energy. Try not to oversleep—those 12-hour snoozes on the weekend can actually make you MORE tired. Don't forget naps! A short (10-30 minute) afternoon nap may be all you need to re-energize midday.



Downtown Music... in the Beach
Mervin Fick,
Conductor

Go Baroque for Christmas

In support of the Centre 55 SHARE-A-CHRISTMAS Campaign

Saturday, December 11, 2010

7:30 PM

975 Kingston Road

Tickets: \$20 Adults/\$10 Under 18

www.TorontoBeachChorale.com

*Call Janice for tickets
416-686-4966*

Vivaldi Gloria
Pergolesi Magnificat
Biebl Ave Maria
Sweelinck Hodie



... and seasonal favourites

Sponsored by:





Candlelit Heart

Somewhere across the winter world tonight
 You will be hearing chimes that fill the air;
 Christmas extends its all-enfolding light
 Across the distance...something we can share.

You will be singing, just the same as I,
 These familiar songs we know so well,
 And you will see these same stars in your sky
 And wish upon that brightest one that fell.

I shall remember you and trim my tree,
 One shining star upon the topmost bough;
 I will hang wreaths of faith that all may see —
 Tonight I glimpse beyond the hear and now.

And all the time that we must be apart
 I keep a candle in my heart.

~ ~ Mary E. Linton ~ ~

Wonder

There is faint music in the night,
 And pale wings fanned by silver flight;
 A frosty hill with tender glow
 Of countless stars that shine on snow.
 A shelter from the winter storm,
 A straw-lined manger, safe and warm,
 And Mary crooning lullabies,
 To hush her Baby's sleepy sighs.
 Her eyes are rapt upon His Face,
 Unheeded here is time and space;
 Her heart filled with blinding joy,
 For God's own Son—her
 little Boy!

~ ~ ~



Christmas time

Its Christmas time again
 The season of renewal
 Love, faith, charity
 And all that is beautiful
 Chimes greatly in to every heart
 Beating in celebrations
 Of Spirit, togetherness, and
 affirmation

~ ~ Thomas Hood ~ ~



Candles Are a Gift of Light

Candles are a gift of light,
 A tiny sun, a bit of star.
 No other dancer in the night
 Dances with such sheer delight,
 Little souls serene and bright,
 Each a glimpse of what we are
 Shining innocent and pure.

~ ~ ~

Do you know it's Christmas

Do you know it's Christmas,
 A Little after Thanksgiving
 And a shade before New Year,
 A Day of triumphant light and love,
 Love ~ the feeling you and I share, and
 Light ~ it has brought to our lives.
 This Christmas is very special!
 I have been granted my secret wish
 I have your lovely company.

~ ~ Samuel Butler ~ ~



THE OVEREATING ELF

Once there was an elf named Frez that would get so nervous during Christmas time that he would eat two lunches at the elf cafeteria.

He tried to be just too perfect in toy making and never thought they were good enough for the children.

The dolls' eyes never sparkled enough, thought Frez, and the wagons were not as shiny as last year. Nothing seemed to be going right and the time for delivery of the presents was getting closer.

It was beyond anybody's understanding why Frez was getting so particular and asking for an elf suit larger than his size.

Then, one day Santa found out what the problem was and decided to solve it. It seemed that Frez was not a young elf, but elves never looked their age by the virtue of being ever cheerful and happy.

Frez needed to feel he was special, so Santa assigned him his own project called "special toys."

These were the toys that were broken and needed to be repaired with love. Frez was so glad to be in charge of such a project that he had only one lunch that day because he had to hurry back to his tasks.



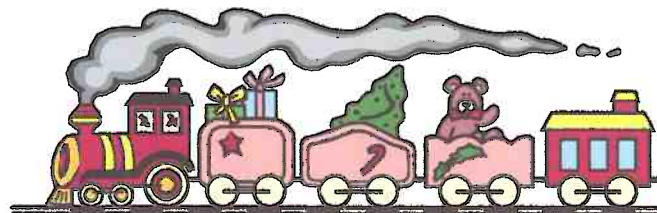
There is a lesson to be learnt from what Santa did for the elf. Sometimes we have off days when we just don't feel positive.

Someone's smile or invitation to join some friends can make our whole day worthwhile.

Frez is now content with assembling the broken toys and transform them into something new, and he has stopped being a voracious eater that he once used to be because he is happy. He even wears his old suit now, and his new suit is taken in for his smaller waist.

Its wise for us to try and do something worthwhile everyday so that a "Frez Attack" will never get us.

We all have special talents and potentials and we can definitely help someone out if he is feeling a bit low.



It takes only a few seconds to be able to know why someone is not feeling happy. Take out that time from your usual day and listen.

Most importantly, we are here to help each other and all of us have that hidden talent to do it. Start to make use of that talent today.

Submit your answers to the NewsMagazine box at the Office to win a Prize or lucky 649 Ticket. The most correct answers wins but in case of a tie, the winners' names will be put in a hat and one will be drawn. Winner will be announced in the next issue of the Newsletter. Entries must be submitted by Dec, 19th. Good luck

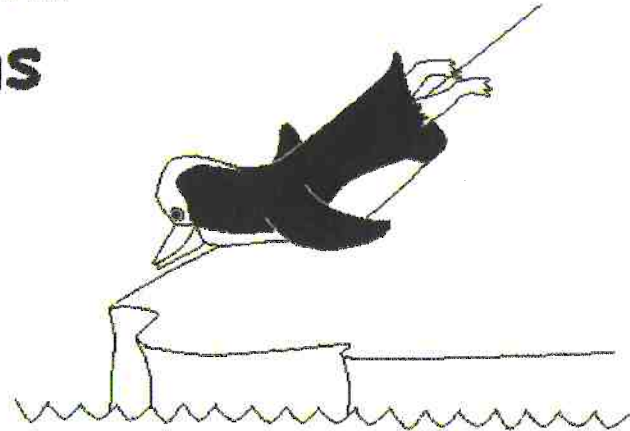


Unscramble the letters to find the words in our

Playful Penguins Anagram

Hidden word (circled letters)

--	--	--	--	--	--	--	--



c e n o a

d b r i s

t a c a a c i t n r

m m i s r e w

l u f y l p a

i s c h c k

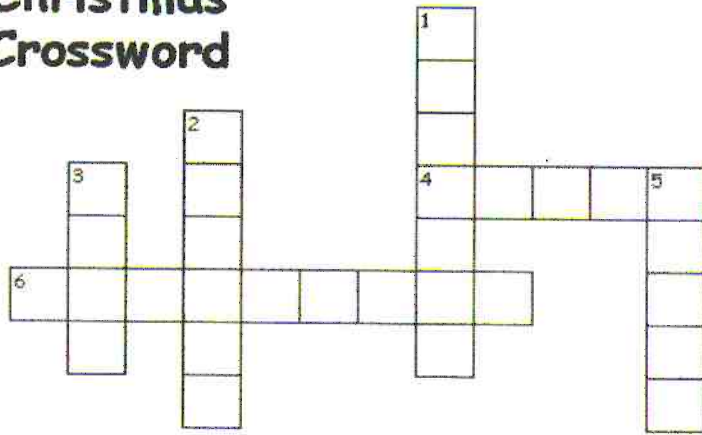
c e n b o u

b b l b r e u

f r e e t h a s

e e o p r r m

Christmas Crossword



Across

4.



6.



Down

1.



Down

2.



3.



5.



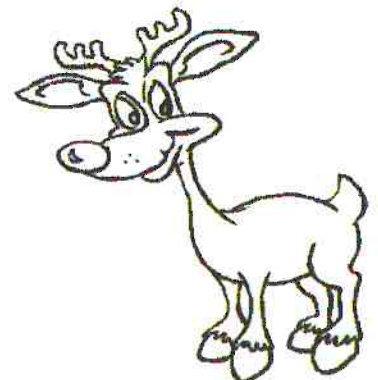
Reindeer Word Search

H	T	S	R	H	I	R	B	B	D	F	D
P	E	L	E	W	E	O	L	T	R	G	L
L	M	F	I	C	L	I	R	D	M	R	A
O	O	H	N	W	T	D	A	S	H	E	R
D	C	A	D	Z	R	E	C	N	A	R	P
U	D	R	E	N	N	O	D	K	S	W	K
R	C	N	E	Y	Q	Y	C	U	P	I	D
C	C	T	R	N	E	X	I	V	C	O	L



Blitzen
Comet
Cupid
Dancer
Dasher

Donner
Prancer
reindeer
Rudolph
Vixen



CHRISTMAS CRYPTOGRAM

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z
19	24	7	3	16	26	18	8	23	1	4	15	10	12	11	5	14	6	17	20	9	21	25	2	22	13

 25 16 25 23 17 8 22 11 9 19 10 16 6 6 22

 7 8 6 23 17 20 10 19 17 19 12 3 19 8 19 5 5 22 12 16 25

 22 16 19 6

Directions:

This puzzle is called a Cryptogram. I've always loved doing them! At the top there is a KEY that lists all the letters from A thru Z with a box below. Each of the letters has a corresponding number.

The bottom part contains a secret phrase. Each of the blanks has a number underneath it. Fill in the letters that correspond to the numbers below the blanks to solve the phrase.



Hey Kids!

Submission Deadline : Dec. 19/10

If you decode the message, cut and drop this portion in the box on the office door.

Write the message: _____

Your name: _____ Unit number: _____ And age: _____

The first one to give us the answer to the cryptogram will win a prize. Good luck.



Frosty the Snowman



Frosty the snowman was a jolly happy
soul,
With a corncob pipe and a button nose,
And two eyes made out of coal.

Frosty the snowman is a fairy tale, they
say,
He was made of snow but the children
know how he came to life one day.

There must have been some magic in
that
Old silk hat they found.
For when they placed it on his head,
He began to dance around.

Oh, Frosty the snowman
Was alive as he could be,
And the children say he could laugh
And play just the same as you and me.

Thumpetty thump thump,
Thumpetty thump thump,
Look at Frosty go.

Thumpetty thump thump,
Thumpetty thump thump,
Over the hills of snow.

Frosty the snowman knew
The sun was hot that day,
So he said, 'Let's run and
we'll have some fun
now before I melt away.'

Down to the village,
With a broomstick in his hand,
Running here and there all
Around the square saying,
Catch me if you can.

He led them down the streets of town
Right to the traffic cop.
And he only paused a moment when
He heard him holler 'Stop!'

For Frosty the snowman
Had to hurry on his way,
But he waved goodbye saying,
'Don't you cry,
I'll be back again some day.'

Thumpetty thump thump,
Thumpetty thump thump,
Look at Frosty go.

Thumpetty thump thump,
Thumpetty thump thump,
Over the hills of snow.