

THURLESTONE NEWSMAGAZINE

July – August 2015



Thurlestone Flowers. n Photos by Jewel

From the NewsMagazine Committee, thanks to all those who helped to make this issue possible. Special thanks to Alba Salsona for helping with the distribution of the newsletter!

Submissions are always welcome, so feel free to bring articles, stories, community info, images, etc.

Please deliver to the office newsletter mailbox or email to:

t-nm@live.ca
before August 14th.

It is wonderful summertime again! I hope you are enjoying the beautiful fragrant flowers, green trees, grass, barbeques and the many other fun activities under the sun. For sure the children are enjoying their school break; making the best of it.

Remember to use sun protection, take care of each other and have a safe and happy summer.



Inside This Issue




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Mission Statement

To promote Unity and Participation

To Inform and Entertain

July 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1  Happy Canada Day	2 Membership Mtg 7:30 pm	3	4
5	6	7 Board Mtg. 7:00 pm	8 - Bylaw Mtg 10 am	9 Nunavut Day (NU)	10	11
12	13	14	15 - Bylaw Mtg 10 am Finance Mtg. 7:00 pm	16 Membership Mtg 7:00 pm	17 Last day of Ramadan	18  Office Closed
19	20	21	22	23	24	25
 Office Closed						
26	27	28 Board Mtg. 7:00 pm ← Tentative →	29 - Bylaw Mtg 10 am	30	31 NewsMagazine 7:00 pm	

August 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3  Civic Holiday	4	5 - Bylaw Mtg 10 am	6 Membership Mtg 7:00 pm	7	8
9	10	11  Audit	12 Finance Mtg. 7:00 pm	13	14	15
16	17	18	19 - Bylaw Mtg 10 am	20	21 NewsMagazine 7:00 pm	22
23	24	25	26 - Bylaw Mtg 10 am	27	28	29
30	31					

Our position is clear

You Hold the Key proposes cost-shared rent supplements managed by the provinces

By Nicholas Gazzard

For at least five years, co-operative housing organizations across the country have been warning all levels of government that a crisis in housing affordability is looming for low-income housing co-op residents.



The federal and provincial funding agreements that assist these households with their rent are coming to an end in large numbers. We are talking about Canadians on fixed incomes; Canadians who are elderly; Canadians with chronic disabilities; and new Canadians we have welcomed into our country so they can build a bright future and contribute to our economy. Tens of thousands of affordable co-op homes are at risk.

Unless governments agree to help, the co-ops in which these Canadians live will be unable to offer them affordable rents based on their incomes. Co-ops have their own financial challenges: increasing operating expenses and maintenance costs, and the need for major reinvestment in aging properties for which the co-ops will need to refinance through long-term mortgages. Co-ops will not be able to reduce the rents of low-income residents without creating financial difficulty for themselves that will threaten every member's home. They will need to charge a full rent that will allow them to break even on their operations if they are to remain viable as non-profit housing developments.

The solution that we have consistently called for is simple. We do not propose that the federal government renew these expiring funding agreements with housing co-ops. Instead, we propose that Ottawa transfer savings from the expiring funding streams to the provinces, to share in the

cost of rent supplement programs that the provinces will manage. In this way, the cost of continuing to support low-income co-op households are shared between the federal government and the level of government with jurisdiction over housing.

This is the co-operative housing proposal. We are not asking for capital investment dollars from government for the renewal of our members' properties. As responsible stewards of their homes, co-ops will take care of their buildings through long-term asset management planning if government retains its responsibility for supplementing

the rents of low-income households. This is a social assistance role that belongs in the public domain.

We have been clear and consistent in our position. It is now up to the federal and provincial governments to work together to deliver

on what we know to be a very cost-effective means to continue to assist low-income Canadians living in housing co-ops. The alternative is more hardship that only adds to the housing affordability gap in Canada, along with a growing anxiety among some of our most vulnerable citizens who fear they will no longer be able to afford to live in their homes.

Nicholas Gazzard is the executive director of CHF Canada.

It is now up to the federal and provincial governments to work together to deliver on what we know to be a very cost-effective means to continue to assist low-income Canadians living in housing co-ops.

PRESENTATION TO THE PRE-BUDGET HEARINGS AT QUEEN'S PARK

Once again, Ontario Region received a prime slot for Ontario's 2015 Pre-Budget Hearings.

An all-party committee travelled the province to hear requests concerning the next budget. On January 30th, Council President **Nicole Waldron** and Interim Government Relations Manager **Aaron Denhartog** made a presentation at Queen's Park to the committee.

We strongly recommended that Ontario adopt five low-cost or no-cost policies to keep existing co-ops secure, and to pave the way for developing more housing co-ops (see sidebar).

Following our presentation, staff answered questions from MPP Committee members. MPPs were left with a clear impression of the very real fear felt by those vulnerable co-op members in danger of losing their homes because of the EOA.

FIVE LOW-COST WAYS TO MAKE REAL PROGRESS ON AFFORDABLE HOUSING

1. **Replace expiring federal subsidies for low-income households.** The EOA issue continues to be our number one concern.
2. **Enact inclusionary zoning legislation.** This is a tool used to create more affordable housing with little cost to governments.
3. **Make government lands and surplus school properties available for affordable housing.** This is another method to lower the cost of building co-ops.
4. **Preserve the existing affordable housing stock.** To keep the aging social housing units in a state of good repair, Ontario should ensure financing is made easily available.
5. **Build more co-op housing.** Historically, co-ops have been about 25% of social housing developments

in Ontario. Under current programs, they are about 4%. The Province needs to remove barriers for new co-ops.

To read the full Pre-Budget submission, go to www.chfcanada.coop, select **Ontario Region** in the green ribbon, then **Recent News**.

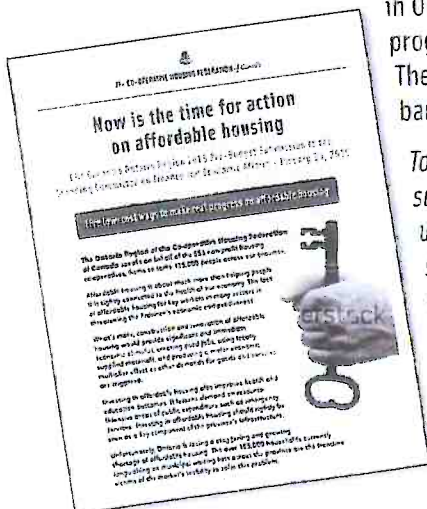
Time for a by-law checkup

By Keith Moyer

Ontario co-ops should update their core by-laws. Last year CHF Canada's Ontario Region and the **Co-operative Housing Federation of Toronto (CHFT)** released a new model Occupancy By-law. The by-law updates the internal eviction process, so it works with the new eviction system that came into force last June. The new by-law includes a number of changes to modernize the previous Occupancy By-law and incorporate things we have learned since it was written in 1992.

The Ontario Region and CHFT are now working on a new model Organizational By-law that will be available by the time of this year's AGM. The new by-law will update and modernize the previous Organizational By-law, also written in 1992.

"With new versions of these two core by-laws, now is a good time for co-ops to do a by-law checkup and make sure they work in today's setting," says **Diane Miles**, Manager of Co-op Services for CHF Canada's Ontario Region.





Toronto Fire Services Invites You to Team Up With Us To Make Sure You and Your Family Stay Safe.

PREVENTION

Check your home for hazards and eliminate them. Most home fires are still caused by careless cooking, smoking and candle use.

DETECTION

Working smoke alarms are so important, it's the law to have them on every storey of your home and outside sleeping areas.

ESCAPE

Plan your escape with two ways out of every room, practise your plan and pick a meeting place in front of your home.

There is so much more you need to know to make sure your family stays safe. Please contact your local Fire Station, Fire Prevention/

Public Education office, call Access Toronto at 416-338-0338 or visit www.toronto.ca/fire

Fire Safety Tips



Working smoke alarms will provide you with the early warning you will need to escape a fire. Install them and make sure the batteries are replaced at least once a year.



Install carbon monoxide alarms near all sleeping areas.



Stay in the kitchen while cooking, keep the stove area clear and keep a pot lid handy to "Put a Lid on It" if a fire starts in a pan.



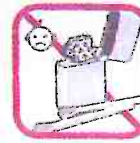
In case of fire, get out and call 911 immediately.



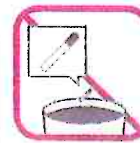
Pull to the right and stop when you see emergency vehicle lights and hear sirens--every second counts



Blow out all candles before leaving the room or going to bed. Use sturdy holders and keep candles up and away from children and pets.



Keep matches and lighters up out of sight and reach of children



Ensure cigarettes are stubbed out and empty only cold cigarette butts in the trash.



Use power bars with built-in circuit breakers, never use damaged cords and keep heaters away from things that can burn.



Excessive drinking contributes to fatal fires--watch anyone in your home who drinks excessively and then smokes or cooks.

SPRING CLEAN-UP

Thanks to the Landscaping Committee and to all who participated in this year's Spring Clean-Up. The Co-op is sparkling and the gardens are blooming, making this event another roaring success. Thanks also to the Social Committee for the delicious lunch provided after the Clean-Up on Sunday.



Photos by Pat Gadick

Our Gardens are showing beautifully with all the hard work being done!



Photos by Jewel



A Patriotic Poem

I've seen some great
things in the great
country I call home.
The land never ceases
to amaze me every
single beautiful day.

From the Rockies to
the Prairies to the
Maritimes that my
girl so dearly loves,
I wouldn't change this
land or leave it
for the world.

There are places I
would go but no
other place I would
stay
because this wonderful
country, Canada, is
the right home for me.
(Author unknown)

Together We Are Canada

*This was written as a little skit for young children to do, but it's
in a poem format, so I've included it in the poetry section as well.
by Leanne Guenther.*

My name is British Columbia
The jewel of the West Coast.
Forestry and fishing are
The things that I do most.

Hi, I am Alberta
A wild west kind of place
With cows and oil and mountains
And lots of open space.

I am Manitoba
And I'm Saskatchewan
We're the golden prairies
Where fields of wheat grow in the sun

Hi, I am Ontario
The home of government
To me each year the leaders
Of our democracy are sent.

Bonjour, I am Quebec
Here French is my language too
When I want to ask "how are you?"
I say, "comment allez vous?"

Newfoundland, New Brunswick
And Nova Scotia -- those are we,
We are Atlantic Provinces
The three musketeers of the sea.

I'm Prince Edward Island
And I know I may be small
But without me all the rest of you
Would have no potatoes at all.

The Yukon, Nunavut and North West
Territories are up north.
Through ice and cold and polar bears
Few brave souls venture forth.

Together we are Canada
One nation strong and free
With sharing, friends and happiness
Forever we will be!

www.kidzone.ws

Welcome New Member

Jordan Mathews 16 07

THE BEAUTY OF BEES

The lazy days of summer are in full swing. Our gardens are in full bloom with the myriad colours of the rainbow, and their fragrance wafts on the summer breeze. And with all this floral splendor comes visitors both welcome and not.

Birds and insects of every variety will call your garden home, but one very fascinating yet misunderstood creature plays a most important role. Whether it is a honey bee or a bumblebee, your garden would not be the same without them.



Love them or hate them, bees are an important part of the ecosystem. They pollinate the flowers and vegetables and without them things would be much different. Imagine having to pollinate your plants by hand and how labour intensive that would be.

It is estimated that one third of the world's food supply is pollinated by insects, mainly bees, both wild and domesticated. But bees are in trouble. Their population is in severe decline and that would have an almost catastrophic effect on the world's ecosystem.

Bee-killing pesticides in particular pose the most direct risk to pollinators. The main reasons for global bee-decline are linked to industrial agriculture, parasites/pathogens and climate change. The loss of biodiversity due to monocultures and the wide-spread use of bee-killing pesticides are particular threats for honeybees and wild pollinators. (Greenpeace 2014)

To protect our bees, we need to encourage more environmentally friendly agriculture, discourage overuse of pesticides, and come up with a bee protection plan.

So the next time you see bees, just keep in mind the important role they play in the world around us. Sit back, relax and enjoy the fruits of their labour.

Pat Gadicke
(Idea submitted by Krys Wells)

6 Tips for Handling Disagreements with People

Although conflict is natural, dealing with conflict is often one of the most difficult situations to approach. Learn how to get through difficult disagreements with these expert tips.

By Kait Fowlie



Whether it's a fight with a friend, a clash with a co-worker or a battle with an ex, a disagreement can cause a huge amount of stress in our lives.

"It takes skill and sometimes a lot of courage to deal with a disagreement, and it's almost always worth the effort -- especially when you find you're facing the same conflict over and over again," says Claire Coltsmann, a Toronto-based life coach.

Coltsmann helps her clients achieve their best lives by encouraging them to explore and understand their values and by helping them to articulate their visions.

Here are her tips on how to approach a disagreement, find a solution and get past it.

1. Identify your conflict style

Knowing how you typically deal with disagreements will help you identify how you might want to approach conflict differently in the future.

"There are five different ways of dealing with conflict: competing, collaborating, compromising, avoiding and accommodating," says Coltsmann. "The truth is, there are no right or wrong ways. It depends on the situation and an individual's skills in using one of the conflict modes."

2. Think about your past disagreements

When you find yourself in a disagreement, do you usually try to talk the problem out with the other party in hopes of finding a solution? Or do you tend to let the other person have his or her way if it will mean avoiding further conflict?

"If you find yourself relying on one mode continuously, it's important to try to learn about some different approaches," explains Coltsmann. "Changing behaviour is not the easiest, but you can learn new skills through a process of awareness and practice."

Listen to what your gut is telling you -- your first instinct is usually right. Allow your instinct to be the voice that guides your next steps.

3. Step away from the situation for awhile

In order to respond to a disagreement with a level head, you may need to remove yourself from the conflict so you can consider your options in peace. It's important to approach the situation as if it is a problem that needs to be solved, rather than something to get angry about.

"The most important step in any disagreement or conflict situation is to create a shared understanding of what's going on, bringing the views, ideas and opinions of everyone out into the open," says Coltsmann. "It's time to gather facts, verify assumptions and seek clarification -- and, most importantly, it's time to suspend judgment."

You'll know you've created a shared understanding when you feel heard and understood, and when you've aired all of your underlying issues.

4. Adjust your body language

To avoid slipping into attack mode, be conscious of your body language. Before you've even opened your mouth, it's likely that your body language has already sent a strong message.

"Watch for body language like rolling of eyes and folded arms -- they reveal that you're not truly listening to the other person," explains Coltsmann. "Ask questions, then state your opinion."

Standing your ground doesn't have to mean being physically dominant, which can come off as defensive. "Try not to get in someone's personal space," says Coltsmann. "It's very threatening."

Adjust your physical approach to be more inviting and less defensive, and your attitude will follow suit.

5. Know when to walk away

If you can't seem to come to an agreement with the other party, it may be best to agree to disagree. That way each party shares the mutual understanding that his or her viewpoint has been acknowledged and accepted, and you can both continue to maintain your relationship without any underlying tension.

"In cases where the conflict arises from deeply held convictions, values and beliefs, it is OK to agree to disagree," says Coltsmann. "Understand that we're all different and that each of us has unique perspectives. It's sometimes important to respect others' opinions even if you don't agree with them."

6. Find a clearing technique to help you move on from the situation

An important part of handling disagreements effectively is being able to forgive and move on, which is why you have to ensure that you are truly at peace with the outcome of the disagreement.

"Often people hang on to the stress created by conflict for far too long -- recreating the situation, thinking about what they should have said, reliving the emotions," says Coltsmann. "Find a clearing technique that works for you, such as deep breathing, visualization or telling a friend. Use it, let go and move on."

If you hold onto the stress of a disagreement for too long, you'll only make the situation worse for yourself. Then you've lost the battle, no matter what the outcome was.

The only way to lose in a disagreement is to not bring up your feelings and to let resentment, frustration or stress get the best of you. Do yourself the service of voicing your true feelings, even though it may be scary. The best possible way to handle a disagreement starts with honestly admitting your feelings to yourself. After all, a disagreement cannot come to an end if you don't fully allow your feelings about it to begin.

15 Things That Hurt Your Credit Score

Your credit score is one of the most important factors of your financial life. Banks use it to decide whether to give you a credit card or loan. Some service providers use it to determine whether you should pay a security deposit. Car insurance providers consider your credit score when setting your insurance rate. While it's important to know what things help you build a good credit score, you also have to know the actions that could hurt your credit score.

1. Paying late

Thirty-five percent of your credit score is your payment history. Consistently being late on your credit card payments will hurt your credit score. Pay your credit card bills on time to preserve your credit score.

2. Not paying at all

Completely ignoring your credit cards bills is much worse than paying late. Each month you miss a credit card payment, you're one month closer to having the account charged off.

3. Having an account charged off

When creditors think you're not going to pay your credit card bills at all, they charge off your account. This account status is one of the worst things for your credit score.

4. Having an account sent to collections

Creditors often use third-party debt collectors to try to collect payment from you. Creditors might send your account to collections before or after charging it off. A collection status shows that the creditor gave up trying to get payment from you and hired someone else to do it.

5. Defaulting on a loan

Loan defaults are similar to credit card charge-offs. A default shows that you have not fulfilled your end of the loan contract.

6. Filing bankruptcy

Bankruptcy will devastate your credit score. It's a good idea to seek alternatives, like consumer credit counseling, before filing bankruptcy.

7. Having your home foreclosed

Getting behind on your mortgage payments will lead your lender to foreclose on your home. In turn, the late payments will hurt your credit score and make it harder to get approved for future mortgage loans.

8. Getting a judgment

A judgment shows you not only avoided your bills, the court had to get involved to make you pay the debt. While they both hurt your credit score, a paid judgment is better than an unpaid one.

9. High credit card balances

The second most important part of your credit score is level of debt, measured by **credit utilization**. Having high credit card balances (relative to your credit limit) increases your credit utilization and decreases your credit score. (Definition of **credit utilization**: the amount of purchasing power you have, calculated as the total credit available divided by the total debt. Credit utilization is 30% of your credit score and is expressed as a percentage. Higher credit utilizations result in lower credit scores. Example: credit available = \$1000, total debt = \$500, credit utilization = 50%)

10. Maxed out credit cards

Maxed out and over-the-limit credit card balances make your credit utilization 100%. This is least ideal for your credit score.

11. Closing credit cards that still have balances

When you close a credit card that still has a balance, your credit limit drops to \$0 while your balance remains. This makes it look like you've maxed out your credit card, causing your score to drop.

12. Closing old credit cards

Another component of your credit score, 15%, is the length of your credit history - longer credit histories are better. Closing old credit cards, especially your oldest card, makes your credit history seem shorter than it really is.

13. Closing cards with available credit

If you have several credit cards some with balances and some without, closing those credit cards without balances increases your credit utilization.

14. Applying for several credit cards or loans

Credit inquiries account for 10% of your credit score. Making several credit or loan applications within a short period of time will cause your credit score to drop. Keep applications to a minimum.

15. Having only credit cards or only loans

Mix of credit is 10% of your credit. When you have only one type of credit account, either loans or credit cards, your credit score could be affected. This factor mostly comes into play when you don't have much other credit information in your credit history.

By LaToya Irby - Credit/Debt Management Expert -

Source: <http://credit.about.com>

Humor Me

Reaching the end of a job interview, the Human Resources Officer asks a young engineer fresh out of the Massachusetts Institute of Technology, "And what starting salary are you looking for?" The engineer replies, "In the region of \$125,000 a year, depending on the benefits package." The interviewer inquires, "Well, what would you say to a package of five weeks vacation, 14 paid holidays, full medical and dental, company matching retirement fund to 50% of salary, and a company car leased every two years, say, a red Corvette?" The engineer sits up straight and says, "Wow! Are you kidding?" The interviewer replies, "Yeah, but you started it."



A child asked his father, "How were people born?" So his father said, "Adam and Eve made babies, then their babies became adults and made babies, and so on." The child then went to his mother, asked her the same question and she told him, "We were monkeys then we evolved to become like we are now." The child ran back to his father and said, "You lied to me!" His father replied, "No, your mom was talking about her side of the family."

Add Mushrooms For A Nutritional Difference



NC - They may be small and light, but did you know that eating just four to five, medium sized mushrooms (100 grams) provides vitamins and minerals that are essential for a healthy body and active lifestyle?

With many of us trying to save money at the grocery store, buying fresh foods that are nutrient dense is very important. Fresh Canadian mushrooms are a nutrient dense food that is available year round, making them a great value for both your health and your pocket book. By adding a 1/2 cup serving of mushrooms to your meals, you are adding vitamins, minerals, fibre and antioxidants - all vital to good health.

Take a look at a few more details:

Loads of Vitamins: When it comes to the B vitamins, including riboflavin, niacin, and pantothenic acid, fresh mushrooms make a great choice. A 1/2 cup serving makes an important contribution to daily intakes of folate, thiamin and vitamin B6. Fresh mushrooms are also the only vegetable source of Vitamin D.



Many Minerals: A single serving of fresh mushrooms is a source of copper, phosphorus, potassium and selenium. Along with serving up great taste, fresh mushrooms also contribute to daily intakes of iron, magnesium and zinc.

Fabulous Fibre: Mushrooms offer both soluble and insoluble fibre, which promote satiety, good bowel health, and may have anti-cancer properties. Whether the concern is lowering cholesterol levels, the risk of heart disease, type 2 diabetes, colon cancer, diverticulosis, or just the promotion of good bowel health, fibre is one of the dietary keys. Getting enough fibre every day has also been linked to a lower body mass index, an indicator of obesity. Because fibre helps make foods more satisfying, one tends to eat less, and that can translate into weight loss and maintaining a healthy weight.



Antioxidants: Antioxidants are the heroes of cell preservation. They work by slowing or preventing the oxidative process caused by free radicals that can lead to cell damage and the onset of problems like heart disease and diabetes. Recent research has found that both raw and cooked mushrooms contain a powerful antioxidant called ergothioneine. Portabella and crimini mushrooms have the most of this antioxidant, followed by white button mushrooms.



BARLEY MUSHROOM SALAD

With a nutty, chewy texture, this healthful salad makes a satisfying lunch.

Portion size 2

Ingredients

1/3 cup (75 mL) pearl barley
1/4 cup (60 mL) chopped green beans
2 tbsp (30 mL) chopped walnuts
2 tsp (10 mL) butter
2 tsp (10 mL) extra-virgin olive oil
1 cup (250 mL) sliced mushrooms
1/2 celery stalk, diced

Lemon Dressing

1 tbsp (15 mL) minced fresh parsley
1 tbsp (15 mL) extra-virgin olive oil
1 tbsp (15 mL) lemon juice
1 clove garlic, minced
1 small shallot or green onion, minced
1 tsp (5 mL) Dijon mustard
1 Pinch salt
1 Pinch pepper



Preparation

In saucepan of boiling salted water, cover and cook barley until tender, about 20 minutes. Add green beans; cook until tender-crisp, 3 minutes. Drain and chill under cold water; drain and return to pot.

In skillet, toast walnuts over medium-low heat until fragrant, about 2 minutes; add to barley mixture.

In same skillet, melt butter with oil over medium-high heat; sauté mushrooms until lightly golden, about 4 minutes. Add to barley along with celery.

Lemon Dressing: In jar, shake parsley, oil, lemon juice, garlic, shallot, mustard, salt and pepper; toss with barley mixture. Divide between 2 airtight containers. (Make-ahead: Refrigerate for up to 24 hours.)

Nutritional Information. Per serving: about

cal 322	pro 5g	total fat 21g	sat. fat 5g
carb 33g	fibre 4g	chol 12mg	sodium 220mg

% RDI:

calcium 4	iron 17	vit A 6	vit C 15	folate 19
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Find the Soccer words that are listed at the bottom of the page in the Soccer word search grid. Circle each letter separately and keep in mind that letters in each Soccer word may be used in more than one word. When the Soccer Word Search puzzle is complete, read the remaining letters left to right, top to bottom, to learn an interesting fact about soccer.



SOCCKER WORD SEARCH

G N I K C I K S O C C E R I S
 C I A L L H E D F O O C T B A
 T N E V E C I P M Y L O L R R
 L E I A N M O S S T P R A E R
 T T D D S O S G F T D N F D H
 E Y W D R A C W O L L E Y C O
 R M L F P I D A E A R R N A D
 I I S O S T B I H E L K F R P
 O N D O U G F B E H T I T D U
 O U A T B E T H L E F C E M C
 O T P B S T P O P E U K L A D
 P E N A L T Y K I C K R S P L
 O S I L R T I N G N I N N U R
 T H H L L A B D N A H E W H O
 O L S T A E L C E W O R L D W

WORDS ABOUT SOCCER

CLEATS
 CORNER KICK
 DRIBBLE
 FIELD
 FIFA
 FOOTBALL
 GOALIE

HAND BALL
 HEAD
 KICKING
 NINETY MINUTES
 OLYMPIC EVENT
 PASS
 PENALTY KICK

RED CARD
 REFEREE
 RUNNING
 SHIN PADS
 WORLD CUP
 YELLOW CARD



July/August Sudoku:

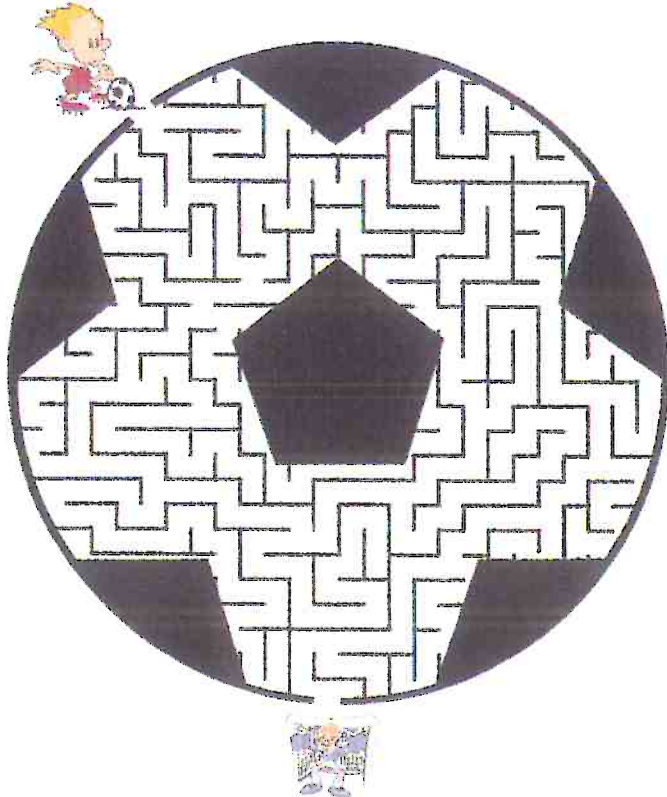
	9						8	
	5			4			2	
7		2				1		9
			2		3			
6		1		8		5		2
			7		5			
3		6				7		8
	8			3			5	
	4						1	

Solution to

Sport Competition Anagram

- nwi : win
- chmp : champ
- aehmnt : anthem
- opdumi : podium
- damtius : stadium
- osdrec : scored
- dnoru : round
- ainrt : train
- eeilt : elite
- larufie : failure
- alog : goal

Show the soccer player through the soccer ball maze to find the goal.



Solution to Previous Sudoku:

6	5	1	8	2	9	7	3	4
2	8	7	4	1	3	6	9	5
3	4	9	5	6	7	8	1	2
8	3	4	6	9	1	5	2	7
7	6	5	3	8	2	9	4	1
9	1	2	7	5	4	3	6	8
1	2	8	9	3	5	4	7	6
4	9	6	2	7	8	1	5	3
5	7	3	1	4	6	2	8	9

Word Scramble Sets

CLOTHES

ABR

ITUS

HESOS

KSCSAL

Answer:

JOKES

What is the coldest part of the North Pole ?
An explorer's nose !

What do computer operators eat for lunch ?
Chips !

COMPUTER

YKSE

UEMOS

ALEMI

RPOEW

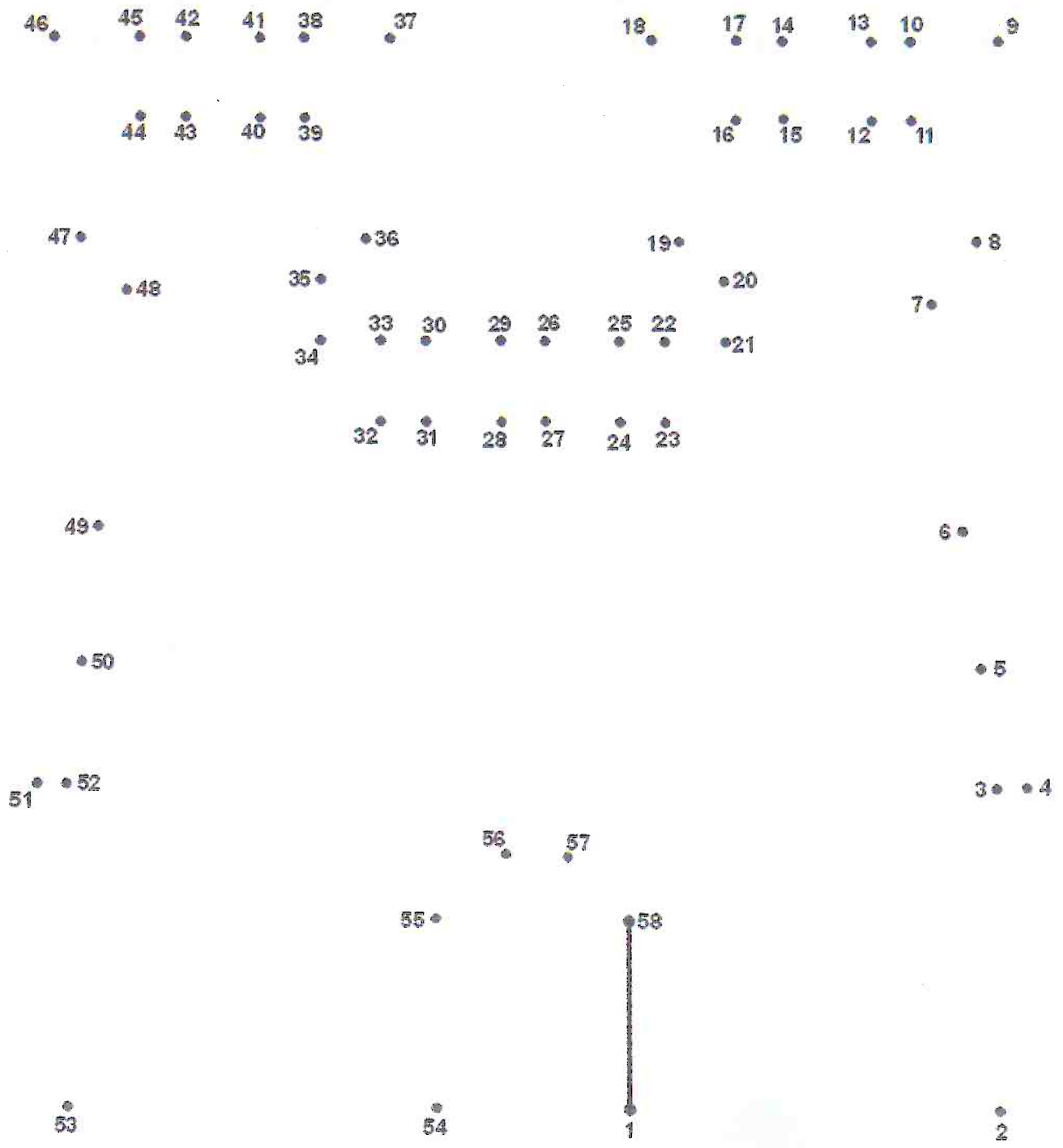
Answer

JOKES

Why is that man standing in the sink ?
He's a tap dancer !

Where do rabbits learn to fly ?
In the Hare Force !

Castle Dot-to-Dot Puzzle: (1-58)



Time to Color

