

THURLESTONE NEWSMAGAZINE

SEPTEMBER 2012



Editor for the NewsMagazine

Life changes. While I have really enjoyed working on the NewsMagazine committee, I would like to try other things now.

Please let the office know as soon as possible if you are interested in taking on this role. Lots of help and guidance will be provided !

Janice

WELCOME BACK FROM SUMMER !

Thank you to all those who helped and contributed articles and images!
From the NewsMagazine Committee

Submissions are welcome.

Please deliver to the office newsletter mailbox or email before the 25th of each month:

t-nm@live.ca

Inside This Issue

- 1 Message
- 2 Calendar - September
- 3 Welcome Back
- 4 Contest Winners !
- 5 Notices
- 16 Recycling
- 18 Articles: Short Story by Reg (Building 22); Clutter
- 22 Arts & Entertainment; Recipe
- 24 Fun & Games

Mission Statement

To promote Unity and Participation

To Inform and Entertain

September 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2 	3	4	5	6	7	8 Membership Mt.g 9:00 am
9 <i>Grandparents Day</i>	10	11 Board Mtg 7:00 pm	12 Finance Mtg. 7:00 pm	13	14	15
16	17 <i>Rosh Hashanah</i>	18	19	20	21	22 <i>First Day of Autumn</i> 
23	24	25	26 <i>Yom Kippur</i>	27	28	29
30 <i>National Police and Peace Officers' Day</i>						

Welcome Back to School

"Dear students, the summer has ended.
The school year at last has begun.
But this year is totally different.
I promise we'll only have fun.

"We won't study any mathematics,
and recess will last all day long.
Instead of the National Anthem,
we'll belt out a rock-and-roll song.

"We'll only play games in the classroom.
You're welcome to bring in your toys.



It's okay to run in the hallways.
It's great if you make lots of noise.

"For homework, you'll play your Nintendo.
You'll have to watch lots of T.V.
For field trips we'll go to the movies
and get lots of candy for free.

"The lunchroom will only serve chocolate
and triple fudge sundaes supreme."
Yes, that's what I heard from my teacher
before I woke up from my dream.

--Kenn Nesbitt



AND THE WINNERS ARE ...

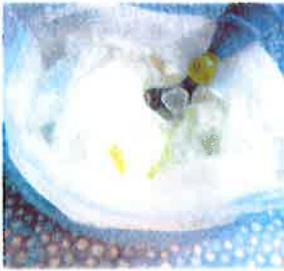


Congratulations to the winners of our contests in the Summer 2012 issue:

**Jesse Butler (Building 24) and
Dylan Ramkay (Building 18)**

We will be in touch for your prize !

Homemade ice cream in a baggie !



Here is what you need:

- 2 TBL sugar
- 1 cup half & half (or light cream)
- 1/2 tsp vanilla extract
- 1/2 cup coarse salt or table salt (I used canning salt) ice gallon-sized Ziploc bag
- pint-sized Ziploc bag



Mix the sugar, half & half and vanilla extract together. Pour into a pint-sized Ziploc baggie. Make sure it seals tightly.

Now take the gallon-sized Ziploc bag and fill it up halfway with ice and pour the salt over the ice. Now place the cream filled bag into the ice filled bag and seal.

Make sure it is sealed tightly and start shaking. Shake for about 5 minutes (or 8 minutes if you use heavy cream.)

Open the gallon-sized bag and check to see if the ice cream is hard, if not keep shaking. Once the ice cream is finished, quickly run the closed pint-sized baggie under cold water to quickly clean the salt off the baggie.

Open the baggie and pop in a spoon.

MAKING THE CO-OP PRINCIPLES WORK FOR YOU



Introduction

A co-operative, or co-op, is an organization that is owned by its members. Co-ops are formed when a group of individuals come together to meet a common need. Co-ops offer almost any type of product or service imaginable and can operate either on a not-for-profit or for-profit basis. A co-op operates on a democratic system that specifies “one member, one vote”. Co-ops around the world are organized according to the seven international principles of co-operation.

1. Voluntary and open membership
2. Democratic member control
3. Member economic participation
4. Autonomy and independence
5. Education, training, and information
6. Co-operation among co-operatives
7. Concern for community

These principles were first developed in 1844 by the Rochdale Pioneers (please refer to the ‘What is a Co-op?’ FACTSheet for more information) and were modified slightly and adopted as part of the Statement of Co-operative Identity by the International Co-operative Alliance in 1995.

Although co-operatives all adhere to these principles as part of their identity and operations, it can be difficult to determine how these principles can be incorporated in practical ways into the operations of the co-op.

1. Voluntary and Open Membership

Co-operatives are voluntary organizations, open to all persons able to use their services and willing to accept the responsibilities of membership, without gender, social, racial, political, or religious discrimination.

In order to enshrine these principles in the practical governance and operations, a co-op may choose to put into its bylaws language that indicates that membership in

the co-op is open and inclusive and that no one will be discriminated against as a result of their gender, race, social status or religion.

Co-ops may also make the topic of open membership part of the discussions they have when they form the co-op. This can include determining what an appropriate share and investment structure would be the most inclusive for the purposes that the co-op is organizing for.

2. Democratic Member Control

Co-operatives are democratic organizations controlled by their members, who actively participate in setting their policies and making decisions. Men and women serving as elected representatives are accountable to the membership. In primary co-operatives members have equal voting rights (one member, one vote) and co-operatives at other levels are also organised in a democratic manner.

The one-member, one-vote principle of governance is one of the key defining characteristics of a co-op – and allowing members to exercise their democratic control of the organization is critical to maintaining a healthy co-op. Co-op boards and senior staff should take care to design and implement well-run Annual General Meetings that encourage participation and allow the membership to come together and elect their governing board.

Once the first Annual General Meeting has been held, the members must meet again within 15 months—and AGMs must be held consecutively within 15 months thereafter. Board and senior staff should keep members informed on an ongoing basis, either through general member meetings or through other communication tools. The Ontario Co-operative Association has developed a Guide to the Co-operative Corporations Act that includes appendices on how to run effective member meetings, elections for directors and board meetings. Available for purchase by contacting On Co-op, this guide can assist a co-op in ensuring that member engagement in the democratic process remains high.

3. Member Economic Participation

Members contribute equitably to, and democratically control, the capital of their co-op. At least part of that capital is usually the common property of the co-operative.

Members usually receive limited compensation, if any, on capital subscribed as a condition of membership. Members allocate surpluses for any or all of the following purposes: developing their co-op, possibly by setting up reserves, part of which at least would be indivisible; benefiting members in proportion to their transactions with the co-operative; and supporting other activities approved by the membership.

4. Autonomy and Independence

Co-operatives are autonomous, self-help organizations controlled by their members. If they enter into agreements with other organizations, including governments, or raise capital from external sources, they do so on terms that ensure democratic control by their members and maintain their co-operative autonomy.

In many sectors, co-ops must enter into agreements with outside organizations to ensure that they can operate. For example, not-for-profit housing co-ops often receive funding from the government to support their work, and some co-ops that have programs with large capital requirements (like those in the renewable energy sector) may enter into agreements with other companies or organizations in order to help them finance their projects.

One way that co-ops can maintain their autonomy is to create policies or pass resolutions that indicate how the co-op's vision and mission will be used to guide decision-making or create guidelines about what types of partnership agreements or relationships are acceptable to the membership of the co-op. This can include information on what types of companies the co-op is willing to have relationships with.

5. Education, Training, and Information

Co-operatives provide education and training for their members, elected representatives, managers, and employees so they can contribute effectively to the development

of their co-operatives. They inform the general public - particularly young people and opinion leaders - about the nature and benefits of co-operation.

One of the simplest ways to educate members, staff and volunteers involved with a co-op is to ensure that there is adequate orientation and training for new participants in the co-op that includes an overview of the co-operative model and what being a co-op is all about. Information provided to participants should outline how the co-op works, the co-operative principles and other information that allows people to participate fully in the operations and governance of the co-op.

Co-ops, in particular associations of co-ops, like the Ontario Co-operative Association or the Co-operative Housing Federation of Canada, also work to educate the public and elected representatives about the co-op model. This assists in raising awareness about the co-operative way of doing business and obtaining support from government on behalf of the sector.

6. Co-operation Among Co-operatives

Co-operatives serve their members most effectively and strengthen the co-operative movement by working together through local, national, regional and international structures.

There are a number of ways that a co-op can co-operate with other co-ops. One primary way that co-ops can do this is by joining with other co-ops through membership in a federation or association of co-ops. For example, worker co-ops can become a member of the Ontario Worker Co-op Federation in order to connect with other worker co-ops and share knowledge and experiences with each other. In turn, federations like the Ontario Worker Co-op Federation can also join associations like the Canadian Worker Co-op Federation or the Ontario Co-operative Association in order to support larger networks of co-ops.

Another way that co-ops can co-operate with and support each other is by doing business with each other. Co-ops can choose to place a priority on purchasing goods and services from other co-operatives, even if it may be slightly more expensive or less convenient.

FACTSheet



By choosing to do business with co-ops above other types of businesses, co-ops can demonstrate the importance of doing business in the co-operative manner and that supporting the sector is important. This also shows support for financial, social and environmental concerns and emphasizes that the financial bottom line is not the one of sole importance.

7. Concern for Community

Co-operatives work for the sustainable development of their communities through policies approved by their members.

Many co-ops believe in the philosophy of the triple bottom line: meeting financial social and environmental objectives. While the financial viability and stability of a co-operative is important to its members, the primary objective is to maintain access to the product or service supplied by the co-op, not solely to increase the rate of return on their investment.

Co-op members are responsible neither to outside owners, nor to government owners. However, co-op members recognize that their co-op operates as part of the larger economic, social and environmental framework that affects people's day-to-day lives in their community.

FOR MORE INFORMATION, CONTACT:

The Ontario Co-operative Association
450 Speedvale Avenue West, Suite 101
Guelph, ON N1H 7Y6
Phone: 519.763.8271
info@ontario.coop www.ontario.coop

Le conseil de la coopération de l'Ontario
435, boul. St-Laurent, bureau 201
Ottawa, ON K1K 2Z8
Phone: 613.745.8619
info@cco.coop www.cco.coop

More resources are available at:
CoopZone Network
www.coopzone.coop

This is one of a series of FACTSheets
created by On Co-op. BP10

Get the full list of FACTSheets online at:
<http://s.coop/factsheets>

As a result of commitment to this principle, in many communities, co-operatives have stayed to serve their members long after other businesses have fled to more profitable locales. For example, there are numerous communities in Ontario where credit unions are the only source of financial services.

Other examples of this principle would include ethical purchasing guidelines, like agreeing to support the community through donations to local charitable causes, other co-operatives or community activities. For example, The Co-operators donates a percentage of its pre-tax income to charities and co-op development initiatives all over the country as a way to demonstrate its concern for community.

Many co-operatives and credit unions choose to articulate their concern for community through corporate social responsibility or co-op social responsibility reports that show how the organization has demonstrated this principle in its operations.

References:

International Co-operative Alliance Statement on the Co-operative Identity:

<http://www.ica.coop/coop/principles.html>

Quick Facts About Co-operatives in Ontario:

- There are over 1300 co-operatives, credit unions and *caisse populaires* incorporated and operating in Ontario, with 1900 locations in 400 communities.
- The co-operative sector in Ontario represents a very conservative \$30 billion in assets (2007). Non-financial co-ops had revenues that totaled more than \$2.1 billion in 2004.
- Ontario co-ops employ and provide benefits to 15,500 people (greater than the total number of Ontarians employed in production of goods).
- 1.4 million Ontarians are members of a co-operative, credit union or *caisse populaire* (more than 10% of the population)
- Over 10,000 board members are actively involved in governing and leading co-ops, credit unions and *caisse populaires* in Ontario.
- There are some 49,000 co-operative volunteers across Ontario, including board members.
- 50% of Ontario's co-ops are located in central Ontario.
- Housing is Ontario's largest co-op sector (45%), followed by Financial Services (17%), Child care (17%), and Agriculture (6%).



Co-operative Housing Federation of Toronto Inc.

Calling all International Year of Co-operatives Babies!

We are looking for photos of babies born in 2012, the International Year of Co-operatives.

Babies hold the future of our sector within them. CHFT wants to acknowledge those born in this special year.

Please send us

- up to three photos of your baby
- the name of your baby
- the date of birth, and
- the name of your co-op.

Please email your baby's photos to: IYCbabies@coophousing.com by September 19. The photos will be posted on the CHFT website during Co-op Week which starts October 14.





On Co-op announces changes to its Gala in honour of the International Year of Co-operatives

Guelph, Ontario. July 10, 2012. As co-ops and credit unions around the world celebrate the United Nations International Year of Co-operatives (IYC) throughout 2012, the Ontario Co-operative Association is planning a very special fall Gala on November 30th with some brand new twists, including a move to Milton, Ontario.

“In honour of the International Year, we have made some very significant changes to our Gala,” said Audrey Aczel, On Co-op’s Communication and Event Manager. “Traditionally a full-day conference and gala, this year’s IYC Gala will be transformed into a spectacular evening-only event featuring a cocktail reception, dinner and entertainment.”

To encourage Ontario’s 1,300 co-ops and credit unions to hold their own events during national Co-op Week - this year celebrated October 14-20, 2012 - On Co-op shifted the date of its own celebration.

Workshops and professional development training, usually held during the day of the gala, will now be delivered in half and full-day sessions all across the province. Throughout the fall, On Co-op will be hosting a series of 14 regional roundtables in cities including Timmins, Toronto, Windsor, Ottawa, Owen Sound, Peterborough, Sault Ste. Marie, Sarnia and Thunder Bay. Conferences are planned for Sudbury, Kingston and London in October. Local co-ops will be advised of the date and location of their meetings, and the complete list will be posted to the Ontario Co-operative Association website www.ontario.coop

“Holding regional conferences will allow all Ontario co-ops to more easily participate in workshops and sessions while networking with others in their community,” said Audrey Aczel. The Ontario co-operative sector will then reunite under one roof at the November 30th Gala for a fantastic celebration.

On Co-op’s special IYC Gala, which takes place at the Teatro Conference & Event Centre in Milton, Ontario, will attract leaders, staff, members and stakeholders of the co-operative sector and credit union system and provide them with a unique evening of co-op celebration and entertainment.

The 2012 Gala will include a cocktail reception, spirit awards ceremony, live entertainment, and feature an auction and raffle with items donated by Ontario co-operatives. The proceeds raised will help fund On Co-op’s Co-operative Young Leaders program – a series of seven, week-long leadership and youth engagement camps designed for youth ages 14 to 17.

Information on the special IYC Gala and the regional conference series is posted to www.s.coop/confandgala.

-30-

The Ontario Co-operative Association (On Co-op) celebrates its 10th anniversary in 2012, the United Nations International Year of Co-operatives. On Co-op is the provincial, non-profit organization whose mission is to lead, cultivate and connect the Ontario co-operative movement.

Ontario is home to 1,300 co-operatives, credit unions and caisse populaires operating 1900 locations in 400 communities. Ontario’s co-ops have more than 1.4 million members and are supported by 49,000 volunteers. The Ontario co-op sector employs more than 15,500 employees, and has annual revenues of more than \$2.1 billion and assets of more than \$300 million.

CONTACT: Audrey Aczel, Communications and Event Manager, Ontario Co-operative Association
aacz@ontario.coop 1.888.745.5521 x. 24 or 519.763.8271. Or visit www.ontario.coop

CO-OPERATIVE ENTERPRISES BUILD A BETTER WORLD.

Four stylized human figures are positioned below the text, appearing to hold up the words "CO-OPERATIVE ENTERPRISES BUILD A BETTER WORLD." The figures are simple black silhouettes with their arms raised.

From: Rooftops Canada [thandi@rooftops.ca]
Sent: August-28-12 11:03 AM
To: thurlestonecoop@rogers.com
Subject: Rooftops Canada / Abri International Bulletin August/Août 2012



Rooftops Canada
Abri International

August - Août
2012
Bulletin

In This Issue - Dans ce numéro

[Housing Links: Canadian housing groups visit Kenyan and South African counterparts](#)

[Be one of our 50 fundraising volunteers and win a gift from Tanzania](#)

[Des groupes de logement canadiens visitent leurs homologues en Afrique du Sud et au Kenya.](#)

[Soyez un de nos 50 bénévoles responsables de la collecte de fonds et recevez un cadeau de la Tanzanie](#)

[International Service Award 2012...Winner/Lauréat du Prix pour service international de 2012](#)

Housing Links: Canadian housing groups visit Kenyan and South African counterparts

"We were incredibly impressed with the achievements Rooftops Canada's overseas African partners. Excellent leadership and their entrepreneurial and practical approach."

-Kaye Melliship, of British Columbia Non-Profit Housing Association.

Kaye was one of the five representatives of Canadian social and co-op housing groups who met with our South African and Kenyan Partner in late June and Early July 2012.

In South Africa, the team shared experiences with social housing providers, the National Association of Social Housing Organizations and the Social Housing Regulatory Agency. In Kenya, the visitors were hosted by the National Cooperative Housing Union of Kenya (NACHU) and Mazingira Institute, two longstanding Rooftops Canada partners.

Follow us online!



International Service Award 2012

Winner/Lauréat du Prix pour service international de 2012



Congratulations to Saint Charles Cooperatives Homes Inc, for winning the 2012 Rooftops Canada/Abri International - International Service Award. The award recognizes a member of the Co-operative Housing



The visitors and Rooftops Canada Partners in Kenya

Harvey Cooper, the Co-operative Housing Federation of Canada exclaimed, "I came away with a deep sense of appreciation of the remarkable and varied work that Rooftops Canada's partners are doing. They are not only building affordable housing but also initiating a range of creative financial and other solutions to provide people with the means for a decent place to call home."

For Catherine Boucher, CHRA the link between housing security and the informal economy was a highlight: "In Johannesburg, we all fell in love with Josie Adler and her Bad Boyz community safety patrol, of eKhaya, a broad based local organization reclaiming Hillbrow. In Soweto, we learned that many of the low income people are surviving through small independent businesses: hair cutting, sewing, roadside food preparation etc".

The visit was also a platform to bring new knowledge and best case practices home. Karine Leclerc from the Confédération québécoise des coopératives d'habitations said, "The visit was an eye opener. It gave me a better understanding of the work of Rooftops Canada. I came back with great ideas and hopefully I will be able to convince our co-ops in Quebec to implement some of them."



The Visitors in South Africa

Jo Ferris-Davies, from the Ontario Non Profit Housing Association, said: "In South Africa, the housing designs are creative and reflect the diverse needs of tenants. The community work we saw was nothing short of brilliant and has implications for all larger providers in urban settings. In Kenya, NACHU- without any government funding- is transforming the lives of families. I am so proud of the work of Rooftops Canada- it is a small but mighty organization leaving big footprints in sub-Saharan Africa through sharing and promoting the best of examples of housing development and management."

Be one of our 50 fundraising volunteers and win a gift from Tanzania

The Rooftops Canada 2012 online fundraising campaign is "Tanzania: Building Homes. Building Lives." It will raise \$50,000 for low income housing projects in Tanzania's largest city, Dar es Salaam. Funds will help our partner, WAT-Human Settlements Trust, support groups of families to move out of terrible rental housing in slums and build their own homes. This campaign will help WAT's providing bridge finance to purchase and develop land which can then be turned over to housing groups. WAT will also provide small loans so they can purchase the land, develop infrastructure and

Federation of Canada for their contribution to International Development. The award was presented at the CHF Canada 2012 AGM in Niagara Falls, Ontario



Félicitations à la Saint Charles Cooperatives Homes Inc. pour avoir remporté le Prix pour service international d'Abri international/Rooftops Canada de 2012. Ce prix récompense un membre de la Fédération de l'habitation coopérative du Canada (FHCC) pour sa contribution au développement international. Le prix a été décerné à l'AGA 2012 de la FHCC, à Niagara Falls, Ontario.

Quick Links - Liens rapides

DONATE NOW

[Visit our website](#)

Rooftops Canada 2008 - 2010 Program Report
We are pleased to announce that our special 25th Anniversary and 2008-2010 Program Report is now available online. Please [click here](#) to download the report.

DONNEZ MAINTENANT

build houses room by room.



Typically, registered land with basic services costs about \$1,000 per family. Loans are paid off in 18-24 months. So every \$1,000 in the BFF will roll over and over helping numerous families realize their dream of secure tenure and affordable housing.

Our goal is to have 50 fundraising volunteers across Canada confirmed by September 7th. Please register now to help us reach our goal. Email us at thandi@rooftops.ca or natalie@rooftops.ca and we will add you to our list of fundraisers. Our three top fundraisers will receive gifts from Tanzania.

All you need to do is to exceed the individual minimum goal of raising \$1,000 and surpass the other fundraisers. Fundraising volunteers set up personal pages online and invite family, friends, colleagues and people in their networks to support our work in Tanzania. Rooftops Canada will provide you with training, supply you with information on the beneficiaries of the fundraising effort as well as email templates and other necessary support.

Sign up now!

Des groupes de logement canadiens visitent leurs homologues en Afrique du Sud et au Kenya

Nous avons été très impressionnés par les réalisations des partenaires africains d'Abri international. Leur succès repose sur un excellent leadership et une approche entrepreneuriale pratique
Kaye Melliship, British Columbia Non-Profit Housing Association

Kaye était une des cinq représentantes des groupes de logement social et d'habitation coopérative du Canada qui ont rencontré nos partenaires en Afrique du Sud et au Kenya à la fin de juin et au début de juillet 2012.

En Afrique du Sud, la délégation a échangé des expériences avec des fournisseurs de logements sociaux, la National Association of Social Housing Organizations et la Social Housing Regulatory Agency. Au Kenya, les visiteurs ont été accueillis par la National Cooperative Housing Union of Kenya et le Mazingira Institute, deux partenaires de longue date d'Abri international.

Visitez notre site Web

Rapport sur les programmes d'Abri international 2008 -2010

Nous sommes heureux d'annoncer que notre Rapport spécial sur le 25^e anniversaire et les programmes pour 2008-2010 est maintenant accessible en ligne.

Cliquez ici pour télécharger le rapport.

Our Canadian Partners - Nos partenaires canadiens



Join Our Mailing List!



Les visiteurs avec les partenaires d'Abri international en Kenya

«Je suis revenu avec un profond sentiment d'appréciation du travail remarquable et varié que font les partenaires d'Abri international. Non seulement ils construisent des logements abordables, mais ils amorcent un éventail de solutions financières et communautaires créatrices pour donner aux gens les moyens d'avoir un endroit décent où vivre», a déclaré Harvery

Cooper, de la Fédération de l'habitation coopérative du Canada

Pour Catherine Boucher, de l'Association canadienne d'habitation et de rénovation urbaine, le lien entre la sécurité du logement et l'économie informelle était un point saillant : «À Johannesburg, nous sommes tous tombés en amour avec Jose Adler et sa patrouille de sécurité communautaire, Bad Boyz of Ekhaya, un organisme local qui cherche à se réapproprier le quartier Hillbrow. À Soweto, nous avons appris que beaucoup de personnes à faible revenu survivent grâce à des petites entreprises indépendantes, comme la coiffure, la couture et la préparation d'aliments en bordure de route.»

La visite a également permis de ramener de nouvelles connaissances et des pratiques exemplaires. «Cette visite a été très révélatrice. Elle m'a permis de mieux connaître le travail d'Abri international. Je suis revenue avec d'excellentes idées et j'espère pouvoir convaincre nos coopératives au Québec de mettre en œuvre certaines d'entre elles», a souligné Karine Leclerc, de la Confédération québécoise des coopératives d'habitation.



Les cinq visiteurs en Afrique du Sud

Jo-Ferris Davies, de l'Association du logement sans but lucratif de l'Ontario, a pour sa part indiqué : «En Afrique du Sud, les concepts de logement sont créatifs et reflètent les différents besoins des locataires. Le travail communautaire que nous avons constaté était excellent et il avait des répercussions sur un large éventail de fournisseurs dans des cadres urbains. Au Kenya, la NACHU - sans aide financière gouvernementale - transforme des vies et des familles. Je suis extrêmement fier du travail d'Abri international. C'est un petit organisme, mais il est très puissant et laisse une grande empreinte en Afrique au sud du Sahara en partageant et en favorisant des exemples de pratiques exemplaires pour le développement et la gestion des logements.»

Soyez un de nos 50 bénévoles responsables de la collecte de fonds et recevez un cadeau de la Tanzanie

La campagne de financement en ligne 2012 d'Abri international a

pour thème «Tanzanie : bâtir des maisons, bâtir des vies». Elle permettra de recueillir 50 000 \$ pour des projets de logements à prix modique dans la plus grande ville de Tanzanie, Dar es Salaam. Ces fonds permettront à notre partenaire, le WAT-Human Settlements Trust, d'aider des groupes de familles à quitter leurs logements locatifs insalubres dans des bidonvilles et à bâtir leurs propres maisons. Cette campagne aidera le WAT à offrir un financement d'appoint pour acheter et viabiliser des terrains qui pourront ensuite être confiés à des groupes de logement. Le WAT leur offrira également des petits prêts pour les aider à acheter des terrains, à développer les infrastructures et à bâtir des maisons pièce par pièce.



En général, les terrains enregistrés dotés de services de base coûtent environ 1 000 \$ par famille. Les prêts seront remboursés dans un délai de 18 à 24 mois. Ainsi, chaque tranche de 1 000 \$ remboursée sera prêtée de nouveau, aidant de nombreuses autres familles à réaliser leur rêve d'être propriétaire d'un logement sûr et abordable.

Notre objectif est de confirmer 50 bénévoles pour recueillir des fonds à l'échelle du Canada d'ici le 7 septembre. Veuillez vous inscrire maintenant pour nous aider à atteindre notre objectif. Envoyez-nous un courriel à thandi@rooftops.ca ou à natalie@rooftops.ca et nous ajouterons votre nom sur notre liste de collecteurs de fonds. Nos trois principaux collecteurs de fonds recevront des cadeaux de Tanzanie.

Tout ce que vous devez faire est de dépasser l'objectif individuel minimal de recueillir 1 000 \$ et de dépasser les autres collecteurs de fonds. Les bénévoles responsables de la collecte de fonds créent des pages personnelles en ligne et invitent les membres de leur famille, leurs amis, des collègues de travail et d'autres personnes dans leurs réseaux à appuyer notre travail en Tanzanie. Abri international vous offrira une formation et vous fournira de l'information au sujet des bénéficiaires de l'effort de financement, et vous enverra par courriel des modèles et d'autres outils nécessaires.

Inscrivez-vous dès maintenant!

Rooftops Canada/Abri International is the international development program of co-operative and social housing organizations in Canada. We work with partner organizations to improve housing conditions, build sustainable communities and develop a shared vision of equitable global development.

We encourage you to re-use this bulletin to anyone who may be interested. We also welcome your comments, questions or suggested items for the bulletin. Please

send any comments to info@rooftops.ca or the contacts at the bottom of this message.

Abri international/Rooftops Canada est le programme de développement international des coopératives d'habitation et des organismes de logement social du Canada. Nous travaillons avec des organismes partenaires pour améliorer les conditions de logement, bâtir des communautés viables et concevoir une vision commune du développement mondial équitable.

Nous vous encourageons à transmettre ce bulletin aux personnes intéressées. Nous vous encourageons également à nous faire part de vos commentaires, questions ou suggestions pour le bulletin. Veuillez envoyer vos messages à info@rooftops.ca ou aux coordonnées indiquées ci-après.

Forward email

✓ Safe 

 Constant Contact

This email was sent to thurlestonecoop@rogers.com by thandi@rooftops.ca
[Update Profile/Email Address](#) Instant removal with [SafeUnsubscribe™](#) [Privacy Policy](#).
Rooftops Canada 720 Spadina Avenue, Suite 313 Toronto Ontario M5S 2T9 Canada

Our BLUE BIN is filling up fast with “g a r b a g e “!

Please put items that are recyclable in a reusable bag or container and empty the bag directly into the Blue Bin



THE PROBLEM WITH USING BAGS (black or green "garbage" or shopping bags)	THE SOLUTION
Bags are not opened at the sorting facility so are considered non-recyclable materials – or garbage.	Place items loose. Each item can then be sorted into a specific category.
Any liquids from the containers cannot drain out. The liquids can stink and can contaminate the recycling sorting operation.	Place items loose. Any liquids can drain out before the material reaches the sorting facility.
Bins fill up faster.	<ul style="list-style-type: none"> • Loose items take up less space so more items can fit into the Blue Bin. • Flatten items (cereal, detergent boxes, milk juice and soup cartons and corrugated cardboard boxes). Do not flatten bottles.

ONE EXCEPTION

Shredded paper

Because of the small pieces, it needs to be placed in a clear plastic bag

- It goes through a different sorting procedure
- When it is received at the sorting facility the entire clear bag of shredded paper is
 - removed from the mix of items
 - taken to a different area containing the larger sized paper that has already been sorted by the machines
 - opened and the contents emptied with the other paper to be shipped to market.

Why People Do Not Recycle

- It takes time and is inconvenient to figure out what items (bottle, plastic, paper) are recyclable and to separate them.
- Misinformation about overflowing landfills, depleted resources and climate change has convinced people that it doesn't make a difference.
- They don't have the space in their home to have 2 sets of "garbage" – 1 being garbage the other being items that can be recycled.
-

Bottle, plastic, paper



When we recycle just *one* aluminum can every day for a year, it saves the energy needed to run a television for 711 hours roughly four hours a day for six months.

5 Reasons Why People Should Recycle

1. "Recycling saves energy."

Recycling saves energy because the manufacturer doesn't have to produce something new from raw natural resources. By using recycled materials we save on energy consumption, which keeps production costs down.

2. "Recycling reduces landfills."

Recycling reduces the need for more landfills. No one wants to live next to a landfill.

3. "Recycling preserves our resources and protects wildlife."

By recycling, we reduce the need to destroy habitats for animals. Paper recycling alone saves millions of trees.

4. "Recycling is good for the economy."

Recycling and purchasing recycled products creates a greater demand for more recycled goods. Goods made from recycled materials use less water, creates less pollution and uses less energy.

5. "Recycling helps our climate problems."

Recycling produces considerably less carbon, which reduces the amount of unhealthy greenhouse gas emissions.

I played Baseball with Dave McKay

by

Reg Morency

I used to play softball for a team called Don Valley Pizza. We had a very good team; our best player was a fellow by the name of Dave McKay; he was the catcher and also our team manager. There was another player in Toronto by the same name; he played for the Toronto Blue Jays in 1977 the first year Toronto had a major league baseball team. This Dave McKay is now the first base coach for the St. Louis Cardinal.

I remember the first home game the Jays played in Toronto, it was against the Chicago White Sox. It was snowing that day, in the old football Stadium on the CNE grounds converted to accommodate baseball; all 33,150 seats were sold. I doubt that anyone was working in Toronto that afternoon. We were all too busy watching the game on TV or listening to Tom Cheek and Early Wynn on the radio. I will always remember when the first baseman Doug Ault became an instant hero, when he hit two home runs that afternoon. We all went crazy; it felt good to finally have a winning team.

There is another memory about that summer that I will always treasure. Good tickets were hard to get; the old exhibition stadium was nearly always sold out, including the bleachers where you could buy \$1.50 tickets at Dominion. The worst team that year was the Cleveland Indians. Even the Indians coming to town nearly filled the stadium.

I managed to get two good tickets down the first base line for myself and Mark my seven year old son. It was exciting; the Yankees had come to town. The game was still a good hour away and the stadium was already full of Toronto and Yankee fans from across the border. The scalpers did well that day. There was a lot of excitement: we had come to see the Jays beat the Yankees.

The game was about to start, the organ player was playing 'take me out to the Ball Game' I could taste the excitement around me; the fans were talking, laughing, just feeling good. The ceremonial pitch was thrown, anthems sung, then, there was a roar as the Jays ran out to the field and took their positions. The announcer called the names of the players and the position they played, then another roar of approval as each name was called.

"Annnnd at third base," the announced called "From Vancouver British Columbia, Dave McKay...."

"Dad" my son said in the loud clear voice that only an excited seven year old can project, after the roar had subsided. "You used to play with Dave McKay, right."

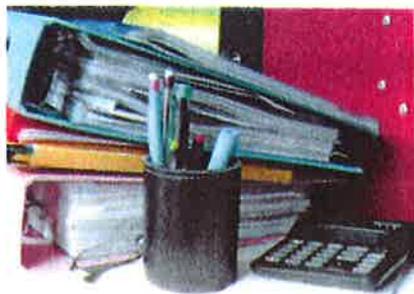
Before I could respond and tell my son, that it was another Dave McKay, I noticed that the stands within earshot had suddenly become very quiet. I looked around and it seemed that everyone was staring in my direction. I even heard a few of the fan asking each other if they knew who I was. A fan two seats behind me asked his friend "Do you know this guy?"

Not wanting to disappoint my son, I whispered to him "yes, we played together." Technically I did not lie to my son; I did play with Dave McKay. I don't remember if the Jays won that afternoon, but I had a great day.

ARE YOU A CLUTTERBUG?

Is clutter taking over your home?

By Stuart Foxman



Is it time for you to regain order in your home?

The Professional Organizers in Canada (POC) has compiled this clutter quiz. It's not a pass/fail quiz, but it should get you thinking about your clutter.

According to the POC, if you have too many "yes" answers, you may want to book some time for a major clean-up, contact an organizer, read up on organizing tips, or take a hard look at the reasons for your mounting clutter.

1. Do you get frustrated daily because you can't find things?
2. Do you regularly misplace your keys, glasses or wallet?
3. Does it take you as long to find a tool as it does to do the job?
4. Is your garage used for storage instead of for your car?
5. Are you embarrassed to let others see inside your home?
6. When guests arrive unexpectedly, do you run around closing doors?
7. Has it been a while since you've seen the floor of your storage areas?
8. Have you lost count of how many junk drawers you have?
9. Do you feel obligated to keep family "heirlooms" that you never use and don't love?
10. Do things fall out of cupboards and closets when you open them?
11. Have you kept every piece of artwork and homework that your kids have ever done?
12. Do you buy things and then discover you already have them?
13. Do you have a growing mountain of unopened mail and newspapers?
14. Do you consistently argue with your spouse or kids because of the piles of belongings littering your home?

You can find a professional organizer near you through the Professional Organizers in Canada.

Dump the junk!

5 reasons clutter may be taking over your life. Plus, tips for cleaning up your act

By Judy Dutton



Mountains of junk mail and overstuffed closets aren't just eyesores; they can also increase anxiety. "Clutter makes it impossible to get anything done on time," says Barry Izsak, founder of Arranging It All in Austin, Texas. "As a result, we miss deadlines, forget appointments, and annoy our friends and work associates—all of which causes stress that makes it even harder to get organized. It's a vicious cycle."

Messes, however, often serve a subconscious purpose: "They hide problems in our lives we don't want to confront," says Sheila

McCurdy, owner of Clutter Stop in Upland, Calif. Recognizing this root cause is the first step to staying organized and getting rid of junk.

1. You're avoiding something.

Bills and statements, for example, may be piling up because you don't want to confront money woes, says Ramona Creel, founder of Onlineorganizing.com. "People think, 'If I get organized, I'm going to find out my finances are in horrible shape. Then I'm going to have to change my spending habits.'" Similarly, a client of Creel's who was selling her house kept it so unsightly realtors refused to show it. "My client didn't really want to move, and the mess was her way of staying put."

2. You fear failure.

"I've had clients say, 'If only I were organized, I'd go back to college or finish a book proposal,'" says Stephanie Denton, owner of Denton & Company, an organizing firm in Cincinnati. But the mess lets them put off taking a shot at their dream. "If they failed, they'd have no one to blame but themselves. Blaming a mess is easier."

3. You've changed—and aren't prepared for it.

"Possessions let us hold on to a part of ourselves we aren't ready to give up," says McCurdy of Clutter Stop. Clothing is often the culprit: Keeping "skinny" clothes you hope you'll squeeze into again shows you're unhappy with the extra pounds you've put on. And holding on to "fat" clothes is a sign you're sick of your workout regimen or diet. But old apparel can subtly undermine your identity. "The sight of your 'skinny clothes' will quietly convince you you're fat," McCurdy explains. "The sight of 'fat clothes' after you've lost weight may beckon you to relapse into your old eating habits."

4. You want to retreat.

Can't throw a dinner party because your house is a pig-sty? Deep down, you may want to withdraw from friends and family—even from people in your own home. "Women will deliberately not do housework if they're having problems with their husbands," says Sandra Felton, founder of Messies Anonymous, which hosts an online chat group, Mates-of-Messies, with 127 members mired in clutter-related marital strife. "The home is often where women have power, so this is a way to express their hostility," says Felton. But such passive-aggressive tactics rarely solve problems. Instead, they fuel the fire—Felton has seen disorganization lead to divorce.

5. You're holding on to someone.

While it's natural to save mementos of a loved one who's recently died or moved out, keeping too much can keep you from moving forward, whether that's finding new friends or a new career path. "When you have too many 'memory joggers,' you become distracted and overwhelmed," says Denton. "One client whose kids had gone to college kept every outfit they'd ever put on," says Creel. "What these people don't realize is, their memories aren't in these objects, it's in them."

culturedays



CELEBRATING ARTS + CULTURE
FROM COAST TO COAST TO COAST

Sept. 28, 29 & 30, 2012

CREATE, PARTICIPATE & CELEBRATE

Do you love to sing?

Experience the joy of music-making with the Toronto Beach Chorale! Join Conductor, Mervin Fick, who will guide you through a lively, open working rehearsal, culminating in a short performance of a piece from our 2012 season.

Learn how choral music is rehearsed, and exercise your pipes by practicing a few vocal techniques as a member of the audience.

Sunday, September 30, 2012 — 2:00 PM - 3:30 PM
975 Kingston Road

Art Down By The Bay - Beach Guild of Fine Art 18th Annual Fall Show and Sale 2012

Showcasing the work of 40 artists !

The Beaches Lion's Club
Ashbridge's Bay Road
(at the foot of Coxwell Ave, South of Lakeshore)

Opening Reception

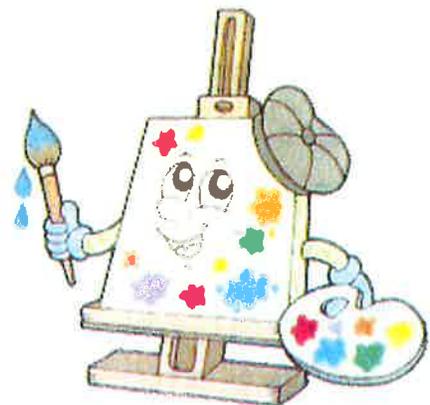
Friday, September 21st, 6:00 p.m. to 9:00 p.m.

Weekend Show Dates and Hours

Saturday, September 22, 10:00 am to 5:00 p.m.

Sunday, September 23, 10:00 am to 5:00 p.m.

www.BeachGuildofFineArt.com



Apple Spice Muffins

Craving some freshly baked goods? Make these fruity apple spice muffins in just 15 minutes.

Ingredients

2 1/2 cups (625 mL) whole wheat flour
2 teaspoons (10 mL) baking powder
2 teaspoons (10 mL) baking soda
1/2 teaspoon (2.5 mL) allspice
1/2 teaspoon (2.5 mL) nutmeg
2 teaspoons (10 mL) cinnamon
1 large apple
1 can unsweetened pineapple juice concentrate
1 tablespoon (15ml) vanilla
1 cup (250 mL) smooth unsweetened applesauce
fruit snack (2 x 111g cups)
3 eggs

Directions

Preheat oven to 375°F (190°C). Butter muffin tins or use paper liners.

Combine all dry ingredients in a mixing bowl and mix well. Grate apple into bowl and toss to coat.

Combine thawed pineapple concentrate, applesauce and eggs.

Pour into the dry ingredients and quickly stir well.

Fill tins 2/3–3/4 full and bake apple spice muffins for 16-18 minutes.

NOTE: The high fruit content of this batter reacts with the baking soda to create light muffins even though they use whole wheat flour! Serve with additional sauce to dip and a smear of almond butter.

Servings: 12

Preparation time: 15 minutes

**Solution to the:
Summer Anagram**

NSNUY	SUNNY
CEILOPPS	POPSICLE
DHIMU	HUMID
BEEIRSR	BERRIES
ADEELMNO	LEMONADE
ABCEH	BEACH
CEIRSU	CRUISE
AADCNA	CANADA
DOHYLAI	HOLIDAY
ALPY	PLAY

**Solution to Summer
Sudoku:**

9	7	1	3	6	5	4	8	2
2	6	8	7	4	9	3	1	5
4	5	3	2	8	1	6	9	7
7	1	5	4	2	3	9	6	8
6	8	4	1	9	7	2	5	3
3	9	2	6	5	8	1	4	7
1	2	9	8	7	4	5	3	6
8	3	6	5	1	2	4	7	9
5	4	7	9	3	6	8	2	1

**Summer
Cryptogram Message**

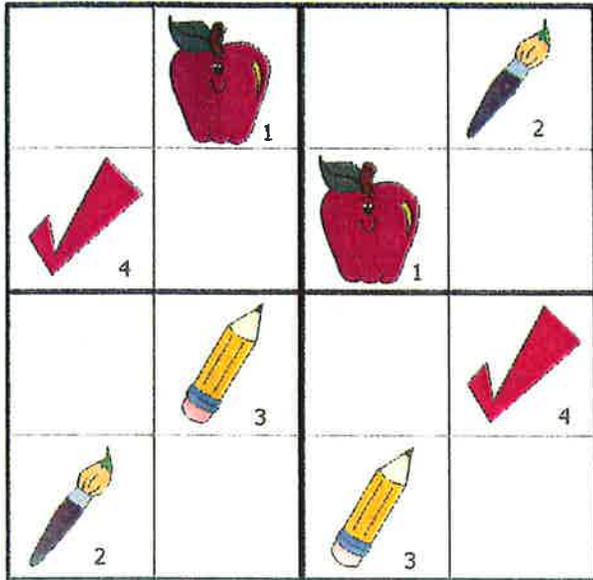
*The mountains,
the lakes and
the valleys
are friends that
I have known,
they all call it
Canada
but I call it home.*

September Sudoku:

	1	9		8				
8			9			1	6	
5			7			9		
	2	5		3	1			
	6						8	
			6	2		5	4	
		4			2			6
	5	3			8			9
				6		4	7	

Solution at rear

School Days Sudoku



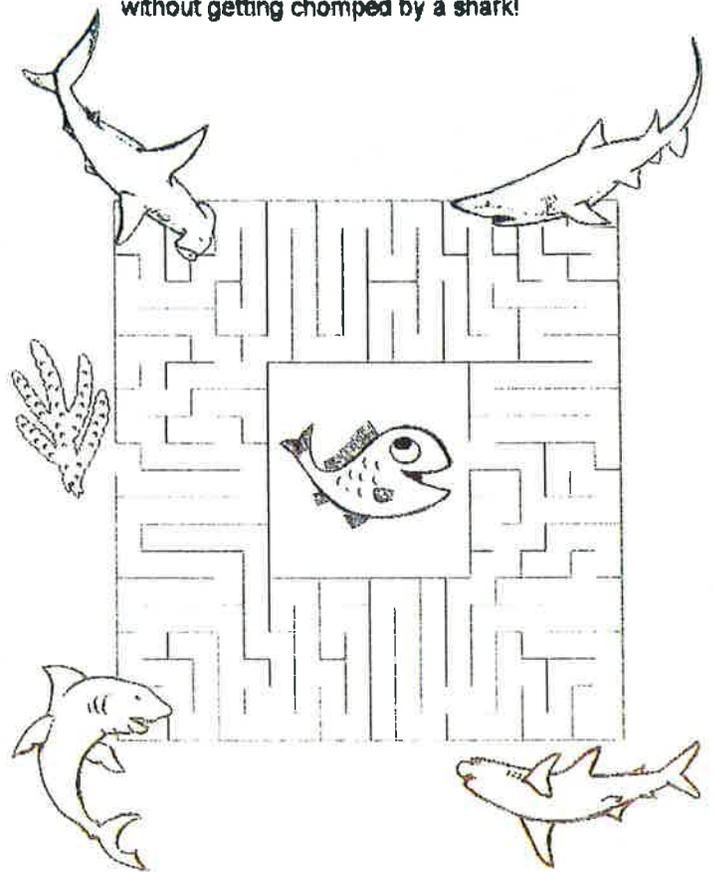
Each row, each column and each of the large four squares should have one of each image. Fill in the blanks!



3	1	9	2	8	6	7	5	4
8	7	2	9	4	5	1	6	3
5	4	6	7	1	3	9	2	8
4	2	5	8	3	1	6	9	7
1	6	7	5	9	4	3	8	2
9	3	8	6	2	7	5	4	1
7	9	4	1	5	2	8	3	6
6	5	3	4	7	8	2	1	9
2	8	1	3	6	9	4	7	5

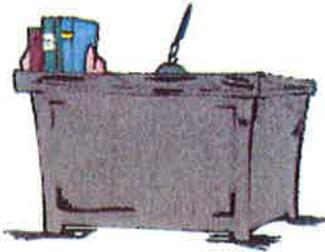
Shark Maze

Help the fish make its way to the coral reef without getting chomped by a shark!



The apple needs to go on the teacher's desk.

Draw the path starting at 3 and counting by 3's up to 300.

			3	6	9	72	75	78	
			30	27	12	69	66	81	84
			33	24	15	60	63	90	87
147	144	141	36	21	18	57	54	93	96
150	153	138	39	42	45	48	51	102	99
159	156	135	132	129	126	123	120	105	108
162	165	168	267	270	273	276	117	114	111
189	186	171	264	261	258	279	288	291	294
192	183	174	249	252	255	282	285	300	297
195	180	177	246	243	234	231			
198	201	210	213	240	237	228			
	204	207	216	219	222	225			

Find the words about things you find at school, listed below, in the word search grid. There's one word for each letter of the alphabet. Circle each letter one by one. Each letter of the *things at school word search puzzle* grid may be used in more than one word. When the word search puzzle is complete, read the remaining letters left to right, top to bottom, to learn an interesting fact about a household item.

Alphabetic Things at School Word Search

K Q U E S T I O N S H D E R R
 T L I N T E L L I G E N C E R
 E E A O F F I C E S I S S V A
 A L P H A B E T K F U A N E K
 C J H P C O K S E V R W H I A
 H T J O S S T U D E N T D H B
 E Z A L O L A C K N A S N C K
 R I N Y S K R A M N D W H A C
 I P I X T E S W O D N I W R I
 S L T A R N D R E I D A L E T
 K O O B E T O N G A L O V D S
 O C R E D P L A Y G R O U N D
 O B R A P S L U N R B U R U R
 B A N E E F D Y R A R B I L A
 Z G Y M N A S I U M E B R A Y

ALPHABETIC THINGS AT SCHOOL WORD LIST

ALPHABET	JANITOR	STUDENT	GYMNASIUM	QUESTIONS
BOOKS	KIDS	TEACHER	HOOKS	RED PEN
CHALK	LIBRARY	UNDER ACHIEVER	INTELLIGENCE	XYLOPHONE
DESKS	MARKS	VENN DIAGRAM	OFFICE	YARDSTICK
ERASER	NOTEBOOK	WINDOWS	PLAYGROUND	ZIPLOC BAG

